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## **Tingkat Pengetahuan Pegawai DISDIKPORA Kab. Gunung Mas Terhadap PHBS Sebagai Upaya Pencegahan Covid-19**

### **ABSTRAK**

**Latar Belakang:** Covid-19 adalah virus jenis baru yang belum pernah diidentifikasi sebelumnya pada manusia. Kasus ini di Indonesia setiap harinya bertambah dan angka kematian juga masih terjadi walaupun diimbangi dengan kesembuhan pasien. PHBS ditempat kerja merupakan salah satu upaya strategis untuk menggerakkan dan memberdayakan para pegawai untuk hidup bersih dan sehat. Tujuan dari penelitian ini untuk memberikan gambaran tingkat pengetahuan pegawai sebagai upaya pencegahan covid-19 ditempat kerja.

**Metode:** Penelitian ini merupakan kuantitatif non eksperimental menggunakan jenis penelitian deskriptif analitik. Sampel berjumlah 50 responden yang diambil dengan total sampling. Instrument penelitian yaitu kuesioner (*Google form*).

**Hasil:** Persentase karakteristik responden yaitu umur 17-25 tahun sebanyak 2 orang (4,0%), 26-35 tahun 21 orang (42,0%), 36-45 tahun 15 orang (30,0%), 46-55 tahun 4 orang (8,0%), 56-65 tahun 8 orang (16,0%), jenis kelamin laki-laki sebanyak 30 orang (60,0%) dan perempuan 20 orang (40,0%), pendidikan terakhir SLTA sebanyak 7 orang (14,0%), Diploma 7 orang (14,0%), perguruan tinggi (S1/S2) 36 orang (72,0%). Responden memiliki pengetahuan baik sebanyak 46 orang (92,0%) dan pengetahuan cukup sebanyak 4 orang (8,0%) tentang PHBS, sedangkan untuk covid-19 responden pengetahuan baik sebanyak 10 orang (20,0%), pengetahuan cukup sebanyak 38 orang (72,0%) dan pengetahuan kurang sebanyak 4 orang (8,0%).

**Simpulan:** Mayoritas responden pengetahuan baik tentang PHBS sebanyak 46 orang (92,0%), sedangkan untuk covid-19 responden memiliki pengetahuan cukup sebanyak 38 orang (72,0%).

**Kata Kunci:** Pengetahuan, PHBS, Covid-19  
Kepustakaan: 46 (2002-2020)

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**Level of Gunung Mas Regency Education, Youth and Sports Department  
Employees' Knowledge of PHBS as Prevention of Covid-19**

**ABSTRACT**

**Background:** Covid-19 is a new type of virus that has never been identified before in humans. This case in Indonesia is increasing every day, and the death rate is still happening even though it is balanced with the patient's recovery. PHBS in the workplace is one of the strategic efforts to mobilize and empower employees to live clean and healthy lives. The purpose of this study is to provide an overview of the level of employee awareness as an effort to prevent Covid-19 in the workplace.

**Method:** This research is a non-experimental quantitative using descriptive-analytic research. A sample of 50 respondents was taken by total sampling. The research instrument was a questionnaire (Google form).

**Results:** The percentage of the characteristics of the respondents, namely 17-25 years old as many as 2 people (4.0%), 26-35 years 21 people (42.0%), 36-45 years 15 people (30.0%), 46-55 years 4 people (8.0%), 56-65 years old 8 people (16.0%), male gender as many as 30 people (60.0%) and female gender 20 people (40.0%), last high school education as much as 7 people (14.0%), 7 diploma students (14.0%), college (Undergraduate / Postgraduate) 36 people (72.0%). Respondents had good knowledge as many as 46 people (92.0%) and sufficient knowledge as many as 4 people (8.0%) about PHBS, while for Covid-19 respondents had good knowledge as many as 4 people (20.0%), enough knowledge was enough for 38 people (72.0%) and less knowledge of 4 people (8.0%).

**Conclusion:** The majority of respondents with good knowledge of PHBS were 46 people (92.0%), while for Covid-19 respondents had sufficient knowledge as many as 38 people (72.0%).

**Keywords:** Knowledge, PHBS, Covid-19  
Literature: 46 (2002-2020)