

**Universitas Ngudi Waluyo**  
**Program Studi Farmasi**  
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**Maulida Hayati**  
**050218A122**

**TINGKAT PENGETAHUAN PHBS PEGAWAI KANTOR DINAS  
KESEHATAN KABUPATEN HULU SUNGAI UTARA SEBAGAI UPAYA  
PENCEGAHAN COVID-19**

(xiii + 90 halaman + 2 Gambar + 10 Tabel + 7 Lampiran )

**ABSTRAK**

**Latar Belakang :** *Corona Virus Disease-19* adalah penyakit yang sedang mewabah hampir di seluruh dunia. Kementerian Kesehatan Republik Indonesia mengimbau cara mencegah penyebaran virus corona salah satunya dengan menerapkan pola hidup bersih dan sehat (PHBS). Penelitian ini bertujuan untuk mengetahui tingkat pengetahuan PHBS pegawai Kantor Dinas Kesehatan Kabupaten Hulu Sungai Utara.

**Metode :** Penelitian ini menggunakan metode kuantitatif non eksperimental dengan jenis penelitian deskriptif analitik dan pendekatan *cross sectional*. Teknik sampling menggunakan teknik “*nonprobability sampling*” dengan metode “teknik sampling jenuh”. Jumlah sampel sebanyak 51 responden dan instrumen penelitian berupa kuesioner melalui *google form*.

**Hasil :** Karakteristik responden meliputi umur 17-25 tahun sebanyak 4 responden (7,8%), 26-35 tahun sebanyak 23 responden (45,2%), 36-45 tahun sebanyak 13 responden (25,5%), 46-55 tahun sebanyak 10 responden (19,6%) dan 56-65 tahun sebanyak 1 responden (2%), jenis kelamin laki-laki sebanyak 18 responden (35,3%) dan perempuan sebanyak 33 responden (64,7%), pendidikan terakhir SMA sebanyak 3 responden (5,9%), diploma sebanyak 16 responden (31,4%) dan perguruan tinggi sebanyak 32 responden (62,7%). Tingkat pengetahuan terhadap PHBS yaitu pengetahuan baik dengan skor 88,45% dan tingkat pengetahuan responden terhadap Covid-19 yaitu pengetahuan baik dengan skor 76,37%.

**Kesimpulan :** Tingkat pengetahuan terhadap PHBS dan Covid-19 yaitu pengetahuan baik dengan skor 88,45% dan 76,37%.

**Kata Kunci :** PHBS, Tingkat Pengetahuan, Kantor, Covid-19

**Kepustakaan :** 55 (2008-2020)

**Ngudi Waluyo University**  
**Pharmacy Study Program, Faculty of Health Science**  
**Final Assignment, August 2020**  
**Maulida Hayati**  
**050218A122**

**KNOWLEDGE LEVEL ABOUT CLEAN AND HEALTHY LIVE BEHAVIOR (PHBS) IN HEALTH DEPARTMENT EMPLOYEES IN NORTH HULU SUNGAI REGENCY AS A PREVENTION OF COVID-19**

(xiii + 90 pages + 2 pictures + 10 tables + 7 attachments)

**ABSTRACT**

**Background:** Corona Virus Disease-19 is a disease that spreads almost all over the world. Health minister of the Republic of Indonesia appealed to the ways to prevent the spread of covid 19, one of them is by applying clean and health behavior (PHBS). This research aims to determine the knowledge level of PHBS in Health Department employees in the North Hulu Sungai Regency.

**Method:** This research uses non-experimental quantitative methods with descriptive analytic research and cross sectional approach. The sampling technique uses "saturation sampling technique" method. The number of samples was 51 respondents and the research instrument was in the form of a questionnaire via Google Form.

**Result:** The characteristics of respondents are aged of 17-25 years as many as 4 respondents (7.8%), 26-35 years are 23 respondents (45.2), 36-45 years are 13 respondents (25.5%), 46-55 years are 10 respondents (19.6%) and 56-65 years were 1 respondent (2%), male were 18 respondents (35.3%) and female were 33 respondents (64.7%), the last high school education are 3 respondents (5.9%), diplomas are 16 respondents (31.4%) and higher education are 32 respondents (62.7%). The level of knowledge of PHBS is good with a score of 88.45% and the level of respondents' knowledge of Covid-19 is good with 76.37% score.

**Conclusion:** The level of knowledge of PHBS and Covid-19 is good with a score of 88.45% and 76.37%

**Keywords:** *PHBS, Knowledge Level, Office, Covid-19*

**Literature:** 55 (2008-2020)