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Skripsi, Januari 2026
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HUBUNGAN BULLYING DENGAN KEPERCAYAAN DIRI SISWA MADRASAH IBTIDAIYAH

ABSTRAK

Latar Belakang Bullying masih menjadi persoalan di lingkungan Madrasah Ibtidaiyah karena berdampak pada kondisi psikologis siswa, terutama dalam membentuk rasa percaya diri. Anak yang sering mengalami perlakuan tidak menyenangkan cenderung merasa takut, minder, dan kurang berani mengekspresikan diri. Penelitian ini bertujuan untuk mengetahui hubungan antara pencegahan bullying dengan peningkatan kepercayaan diri siswa di MI Pasekan Kecamatan Ambarawa.

Metode Penelitian menggunakan pendekatan kuantitatif dengan desain deskriptif korelasional dan metode cross-sectional. Jumlah responden sebanyak 76 siswa dengan teknik total sampling. Data dikumpulkan melalui kuesioner pencegahan bullying dan kuesioner kepercayaan diri, kemudian dianalisis menggunakan uji Chi-Square.

Hasil penelitian menunjukkan pencegahan bullying berada pada kategori tinggi sebanyak 3 siswa (3,9%), kategori sedang 26 siswa (34,2%), dan kategori rendah 47 siswa (61,8%). Sementara itu, tingkat kepercayaan diri siswa dalam kategori baik sebanyak 52 siswa (68,4%), kategori buruk 24 siswa (31,6%). Hasil uji Chi-Square diperoleh nilai $p = 0,016$ ($p < 0,05$), yang berarti terdapat hubungan yang signifikan antara pencegahan bullying dengan kepercayaan diri siswa.

Kesimpulan ini adalah terdapat hubungan pencegahan bullying dengan kepercayaan diri siswa Madrasah Ibtidaiyah. Oleh karena itu, semakin baik upaya pencegahan bullying yang dilakukan di madrasah, semakin tinggi tingkat kepercayaan diri siswa.

Saran yang dapat diberikan adalah pihak sekolah perlu memperkuat program pencegahan bullying melalui pembinaan karakter, pengawasan yang konsisten, serta kerja sama dengan orang tua. Guru juga diharapkan lebih peka terhadap tanda-tanda Bullying agar dapat segera melakukan pendampingan sehingga siswa merasa aman dan percaya diri dalam proses belajar.

Kata kunci: pencegahan bullying, kepercayaan diri, siswa Madrasah Ibtidaiyah

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Final Assignmnet, January 2026
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The Relationship Between Bullying and Self-Confidence of Madrasah Ibtidaiyah Students

ABSTRACT

Background: *Bullying remains a serious issue in Madrasah Ibtidaiyah as it affects students' psychological well-being, particularly their self-confidence. Children who frequently experience unpleasant treatment tend to feel afraid, insecure, and less confident in expressing themselves. This study aimed to examine the relationship between bullying prevention and students' self-confidence at MI Pasekan, Ambarawa District.*

Method: *This research employed a quantitative approach with a descriptive correlational design using a cross-sectional method. The respondents were 76 students selected through total sampling. Data were collected using a bullying prevention questionnaire and a self-confidence questionnaire. The data were analyzed using the Chi-Square test.*

Results: *The findings showed that bullying prevention was categorized as high in 3 students (3.9%), moderate in 26 students (34.2%), and low in 47 students (61.8%). Meanwhile, students' self-confidence was categorized as good in 52 students (68.4%) and poor in 24 students (31.6%). The Chi-Square test resulted in a p-value of 0.016 ($p < 0.05$), indicating a significant relationship between bullying prevention and students' self-confidence.*

Conclusion: *There is a significant relationship between bullying prevention and the self-confidence of Madrasah Ibtidaiyah students. The better the efforts in preventing bullying at school, the higher the level of students' self-confidence.*

Suggestion: *Schools are encouraged to strengthen bullying prevention programs through character education, consistent supervision, and collaboration with parents. Teachers are also expected to be more attentive to signs of bullying in order to provide early support so that students feel safe and confident in the learning process.*

Keywords: *bullying prevention, self-confidence, Madrasah Ibtidaiyah students.*