Universitas Ngudi Waluyo
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"HUBUNGAN DUKUNGAN KELUARGA DENGAN PELAKSANAAN MOBILISASI DINI PADA PASIEN POST OPERASI LAPARATOMI DI INSTALASI BEDAH SENTRAL".

ABSTRAK

Latar Belakang: Keberhasilan mobilisasi dini pada pasien pasca operasi berperan penting dalam mempercepat proses pemulihan, mencegah komplikasi, serta meningkatkan kemandirian pasien. Pelaksanaan mobilisasi dini tidak hanya dipengaruhi oleh kondisi fisik, tetapi juga oleh dukungan keluarga yang meliputi dukungan emosional, instrumental, informasional, dan penghargaan. Penelitian ini bertujuan mengetahui hubungan antara dukungan keluarga dengan pelaksanaan mobilisasi dini pada pasien post operasi laparatomi di Instalasi Bedah Sentral RSUD dr. Jusuf SK.
Metode: Penelitian ini menggunakan pendekatan kuantitatif dengan desain analitik observasional dan rancangan cross-sectional. Sampel berjumlah 40 pasien post operasi laparatomi di Instalasi Bedah Sentral RSUD dr. Jusuf SK yang dipilih berdasarkan kriteria inklusi. Data dukungan keluarga dikumpulkan menggunakan kuesioner menurut Nursalam (2015), sedangkan pelaksanaan mobilisasi dini diukur melalui lembar observasi berdasarkan standar operasional prosedur. Analisis data menggunakan uji Chi-Square dengan tingkat signifikansi $p < 0,05$.
Hasil: penelitian menunjukkan bahwa Sebagian besar responden memperoleh dukungan keluarga kategori baik (85%) dan melaksanakan mobilisasi dini kategori baik (87,5%). Uji bivariat menunjukkan terdapat hubungan signifikan antara dukungan keluarga dan pelaksanaan mobilisasi dini dengan p-value = 0,000 ($p < 0,05$) serta koefisien korelasi 0,900 yang menunjukkan hubungan sangat kuat.
Saran: Berdasarkan hasil penelitian ini, Tenaga kesehatan perlu mengoptimalkan keterlibatan keluarga melalui edukasi terstruktur dan kebijakan pelayanan berbasis keluarga.

Kata Kunci: dukungan keluarga, mobilisasi dini, post operasi laparatomi

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"*RELATIONSHIP BETWEEN FAMILY SUPPORT AND THE IMPLEMENTATION OF EARLY MOBILIZATION IN POST LAPARATOMY SURGERY PATIENTS IN CENTRAL SURGICAL INSTALLATIONS*".

ABSTRACT

Background: Successful early mobilization in postoperative patients plays a crucial role in accelerating the recovery process, preventing complications, and increasing patient independence. Early mobilization is influenced not only by physical condition but also by family support, including emotional, instrumental, informational, and appreciation. This study aims to determine the relationship between family support and early mobilization in post-laparotomy patients at the Central Surgical Installation of Dr. Jusuf SK Regional General Hospital.
Methods: This study used a quantitative approach with an observational analytical and cross-sectional design. The sample consisted of 40 post-laparotomy patients at the Central Surgical Installation of Dr. Jusuf SK Regional General Hospital, selected based on inclusion criteria. Family support data were collected using a questionnaire according to Nursalam (2015), while early mobilization implementation was measured using an observation sheet based on standard operating procedures. Data were analyzed using the Chi-Square test with a significance level of $p < 0.05$.
Results: The study showed that the majority of respondents received good family support (85%) and implemented early mobilization in a good category (87.5%). Bivariate testing showed a significant relationship between family support and early mobilization implementation, with a p-value of 0.000 ($p < 0.05$) and a correlation coefficient of 0.900, indicating a very strong relationship.
Recommendation: Based on the results of this study, healthcare workers need to optimize family involvement through structured education and family-based service policies**.**

Keywords: *family support, early mobilization, post-laparotomy surgery*