

**Universitas Ngudi Waluyo  
Fakultas Keperawatan  
Program Studi S1 Keperawatan  
Skripsi, Januari 2020  
Dwi Setiawati  
010115A035**

**HUBUNGAN PERAN KELUARGA DENGAN KETERAMPILAN  
MENGGOSOK GIGI ANAK RETARDASI MENTAL DI SLBN UNGARAN  
xvii + 92 halaman + 10 tabel + 3 gambar + 12 lampiran**

**ABSTRAK**

**Latar Belakang :** Keterampilan menggosok gigi pada anak retardasi mental berbeda dengan anak seusianya. Adanya keterlambatan pada anak retardasi mental mempengaruhi dirinya dalam kemampuan memelihara kesehatan. Untuk mengurangi ketergantungan dalam pemeliharaan kebersihan dan kesehatan, membutuhkan peran keluarga yang lebih banyak dan latihan yang lebih sering.

**Tujuan Penelitian :** Untuk mengetahui hubungan peran keluarga dengan keterampilan menggosok gigi anak retardasi mental di SLBN Ungaran.

**Metode :** Desain penelitian *deskripsi korelasional*, dengan pendekatan *cross sectional*. Tehnik pengambilan sampel menggunakan *total sampling*. Populasi dalam penelitian ini yaitu anak retardasi mental umur 8-12 tahun di SLBN Ungaran sebanyak 47 orang. Alat ukur penelitian yaitu kuesioner peran keluarga dan keterampilan menggosok gigi diukur menggunakan check list. Analisis data menggunakan uji statistik *chi square* dengan taraf signifikan (0,05).

**Hasil :** Tidak ada hubungan antara peran keluarga dengan keterampilan menggosok gigi anak retardasi mental di SLBN Ungaran. Didapatkan nilai *p value* 0,291 (>0,05)

**Saran :** Bagi SLBN Ungaran tetap berkontribusi memberikan dorongan berupa pendidikan dengan meningkatkan pelayanan pendidikan serta mempertahankan pembelajaran bina diri yang sudah ada.

**Kata kunci :** Retardasi mental, Keterampilan menggosok gigi, Peran keluarga.

**Kepustakaan :** (44) 2008-2018

**Ngudi Waluyo University**  
**Faculty of Nursing**  
**Nursing Study Program**  
**Final Assignment, January 2020**  
**Dwi Setiawati**  
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**THE CORRELATION BETWEEN FAMILIES ROLE AND TOOTH  
BRUSHING SKILLS IN MENTAL RETARDATION CHILDREN AT  
SLBN UNGARAN**

**xvii + 92 pages + 10 tables + 3 images + 12 attachments**

**ABSTRACT**

**Background :** Mental retardation skills in tooth brushing are different from children their age. The delay in a mental retardation child affects his ability in health care. To reduce dependency on hygiene and health care, requiring more family roles and more frequent training.

**Research Objective :** To determine the correlation between families role and tooth brushing skills in mental retardation children at SLBN Ungaran.

**Methods :** This was a descriptive-correlative study with cross sectional approach. Sampling technique used total sampling. The population in this research were mental retardation children aged 8-12 years at SLBN Ungaran as many as 47 people. The role of families was measured by using questionnaire and tooth brushing skills measured by using check list. Data analysis used statistical tests chi square with significance level (0,05).

**Results :** No significant correlation between families role and tooth brushing skills in mental retardation children at SLBN Ungaran. *p value* 0,291 (>0,05)

**Suggestion :** For SLBN Ungaran contributed consistently and gave support in education which is increasing services and to defend the learning process of self maintenance that have been existed.

**Keywords :** Mental retardation, Families role, Tooth brushing skill.

**Literatures :** (44) 2008-2018