

Universitas Ngudi Waluyo
Program Studi Keperawatan
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**GAMBARAN DUKUNGAN KELUARGA PADA ANAK RETARDASI MENTAL DI SLB
NEGERI UNGARAN**

xv + 60 halaman + 10 tabel + 2 gambar + 11 lampiran

ABSTRAK

Latar Belakang : Anak yang mengalami retardasi mental sangat memerlukan dukungan khusus dari keluarga, karena dukungan tersebut akan mempengaruhi sikap dan perilaku anak tersebut, anak retardasi mental memang perlu perhatian khusus dari sekitarnya dan juga untuk memenuhi pertumbuhan dan perkembangan anak.

Tujuan : mengetahui gambaran jenis kelamin orang tua, tingkat pendidikan orang tua, pekerjaan orang tua, usia orang tua, dan dukungan keluarga dengan anak Retardasi Mental di SLB Negeri Ungaran

Metode : Desain penelitian ini deskriptif sebanyak 13 responden menggunakan metode *Accidental Sampling*. Alat pengambilan data menggunakan kuesioner dukungan keluarga pada anak retardasi mental di SLB Negeri Ungaran. Analisis data menggunakan program SPSS versi 20.0. Analisis univariat dibuat gambaran distribusi dan frekuensi serta disajikan dalam bentuk tabel.

Hasil : jenis kelamin orang tua pada retardasi mental di SLB Negeri Ungaran sebagian besar responden berjenis kelamin perempuan, yaitu 13 orang (100 %), tingkat pendidikan orang tua pada retardasi mental di SLB Negeri Ungaran sebagian tingkat pendidikan orang tua berpendidikan dasar sebanyak 6 orang (46,2%) dan pendidikan menengah yaitu sebanyak 4 orang (30,8%), pekerjaan orang tua pada retardasi mental di SLB Negeri Ungaran lebih tinggi pada IRT yaitu 8 orang (61,5%), rata-rata umur responden dengan rentang usia 26-35 tahun sebanyak 6 orang (46,2%), Dukungan keluarga pada anak retardasi mental di SLB Negeri Ungaran kategori dukungan keluarga baik sebanyak 8 orang (61,5%), kategori dukungan keluarga cukup sebanyak 5 orang (38,5%),

Simpulan: gambaran jenis kelamin orang tua sebagian responden berjenis kelamin perempuan, tingkat pendidikan orang tua sebagian berpendidikan dasar, pekerjaan orang tua lebih tinggi pada IRT, rata-rata umur responden dengan rentang usia 26-35 tahun, dan dukungan keluarga dengan kategori baik.

Saran : memberikan tambahan ilmu dalam dukungan keluarga yang baik terhadap anak retardasi mental, sehingga orang tua mampu meningkatkan dukungan keluarga terhadap anak retardasi mental.

Kata kunci : Dukungan keluarga, Anak Retardasi Mental
Kepustakaan : 32 (2009-2019)

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THE DESCRIPTION OF FAMILY SUPPORT TOWARD MENTALLY RETARDED CHILDREN AT STATE SLB (SCHOOL FOR CHILDREN WITH SPECIAL NEEDS) UNGARAN

xv + 60 pages + 10 tables + 2 pictures + 11 attachments

ABSTRACT

Background: The children who experience mental retardation really need special support from the family, because this support will affect the attitude and behavior of the children, and also to meet the children's growth and development. **Objective:** to find out the description of parents' sex, parents' level of education, parents' occupation, parents' age, and family support toward children with Mental Retardation in State SLB Ungaran.

Method: The design of this research was descriptive, 13 respondents were sampled by using accidental sampling method. The data collection tool used a family support questionnaire for mentally retarded children at state SLB Ungaran. Data analysis used SPSS version 20.0. Univariate analysis was made in the form of the distribution and frequency and presented in a table form.

Results: The sex of the parents of the mentally retarded children was mostly female, as many as 13 people (100%), the levels of the parents' education were mostly elementary education as many as 6 people (46,2%) and secondary education as many as 4 people (30,8%), the job of the parents is higher IRT as many as 8 people (61,5%), the average age of the respondents was 26- 35 years old as many as 6 people (46,2%), family support for mentally retarded children was good family support category as many as 8 people (61,5%), and enough family support category as many as 5 people (38,5%),

Conclusion: The description of the parents' sex is mostly female, parents' education is elementary education, parents' occupation is higher in the IRT, the average age of the respondents is 26-35 years old, and family support is in good category.

Suggestion: Additional knowledge is needed to make a good family support for mentally retarded children, so that parents are able to increase family support for mentally retarded children.

Keywords : Family Support, Mentally Retarded children
Literatures : 32 (2009-2019)