

Universitas Ngudi Waluyo
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HUBUNGAN DUKUNGAN SPIRITUAL DENGAN KUALITAS HIDUP PASIEN GAGAL GINJAL KRONIK YANG MENJALANI HEMODIALISIS DI RST DR .SOEDJONO MAGELANG

ABSTRAK

Latar Belakang : Kualitas hidup pasien gagal ginjal kronik dipengaruhi oleh berbagai faktor, salah satunya dukungan spiritual. Dukungan spiritual berperan dalam membantu pasien mengelola stres dan kecemasan, meningkatkan penerimaan terhadap kondisi penyakit, serta membentuk pandangan diri yang positif sehingga berdampak pada peningkatan kualitas hidup.

Tujuan : menganalisis hubungan antara dukungan spiritual dengan kualitas hidup pasien gagal ginjal kronik yang menjalani hemodialisis di RST dr.Soedjono Magelang.

Metode : Kuantitatif dengan desain *cross-sectional*, melibatkan sejumlah 63 responden yang dipilih menggunakan teknik *purposive sampling*. Pengumpulan data dilakukan dengan menggunakan kuesioner dukungan spiritual dan WHOQOL-BREF untuk kualitas hidup. Analisis data menggunakan uji statistik *Spearman's*.

Hasil : mayoritas responden memiliki dukungan spiritual tinggi (63.5%) dan kualitas hidup baik (52.4%). Uji statistik *Spearman's* diperoleh nilai signifikansi menunjukkan $p= 0.000$ dengan nilai koefisien korelasi $r=0.444$.

Simpulan : terdapat hubungan signifikan antara dukungan spiritual dengan kualitas hidup pasien gagal ginjal kronik yang menjalani hemodialisis dengan kekuatan hubungan sedang dan arah hubungan positif.

Saran : Perlunya pengintegrasian dukungan spiritual dalam pelayanan keperawatan holistik pada pasien gagal ginjal kronik yang menjalani hemodialisis

Kata Kunci : Dukungan spiritual, Kualitas hidup, Pasien Gagal Ginjal Kronik, Hemodialisa.

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**THE RELATIONSHIP BETWEEN SPIRITUAL SUPPORT AND THE
QUALITY OF LIFE OF CHRONIC KIDNEY FAILURE PATIENTS
UNDERGOING HEMODIALYSIS AT RST DR .SOEDJONO MAGELANG**

ABSTRACT

Background : The quality of life of patients with chronic kidney disease is influenced by various factors, one of which is spiritual support. Spiritual support plays a role in helping patients manage stress and anxiety, increasing acceptance of their condition, and fostering a positive self-perception, which in turn improves their quality of life.

Objective : To analyze the relationship between spiritual support and quality of life in chronic kidney disease patients undergoing hemodialysis at Dr. Soedjono Hospital, Magelang.

Method : A quantitative cross-sectional design involving 63 respondents selected using purposive sampling. Data collection was conducted using the spiritual support questionnaire and the WHOQOL-BREF for quality of life. Data analysis was performed using the Spearman's Rho test.

Results : the majority of respondents have high spiritual support (63.5%) and good quality of life (52.4%). The Spearman's statistical test obtained a significance value of $p = 0.000$ with a correlation coefficient of $r = 0.444$.

Conclusion : there is a significant relationship between spiritual support and the quality of life of chronic kidney failure patients undergoing hemodialysis, with a moderate strength and positive direction of the relationship.

Recommendation : the need for integration of spiritual support in holistic nursing services for chronic kidney failure patients undergoing hemodialysis.

Keywords : Spiritual support, Quality of life, Chronic Kidney Disease Patients, Hemodialysis.

References : (49) 2020-2025