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RELATIONSHIP BETWEEN PARENTING PATTERNS AND UNDERWEIGHT INCIDENTS IN TODDLERS IN MALAWAI VILLAGE

ABSTRACT

Prevalence of underweight in 2018 The prevalence of underweight toddlers in the world based on WHO data in 2022 was 148.1 billion children aged 5 years old experiencing underweight, 45.0 billion children experiencing underweight and 37.0 billion children experiencing overweight. Parenting patterns during the golden age must be truly optimized for their growth and development. The purpose of this study was to determine the relationship between parenting patterns and the incidence of underweight in toddlers in Malawai Hamlet. This study The research design used in this study was a quantitative analytical correlation study with a case control approach which aims to investigate the causal relationship between exposure (risk factors) and disease incidence (outcome) by comparing the case group (those suffering from the disease) and the control group (those not suffering from the disease). The data analysis used was chi square. There is a relationship between parenting patterns and the incidence of underweight in toddlers in Malawai Hamlet with a p-value = 0.01. The community needs to increase awareness of the importance of proper parenting patterns regarding nutrition for child development. Health promotion about parenting is needed to help disseminate this information. Families must support each other in implementing good parenting, including in providing nutritious food to prevent underweight in children.

Keywords: Balita, pola asuh, *underweight*