

Universitas Ngudi Waluyo Ungaran
Program Studi S1 Keperawatan Skripsi,
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“Gambaran Ketangguhan Akademik pada Mahasiswa S1 Keperawatan Program Rekognisi Pembelajaran Lampau (RPL) di Universitas Ngudi Waluyo”

xv + 79 halaman + 6 tabel + 2 gambar + 15 lampiran

ABSTRAK

Latar Belakang :. Program RPL diharapkan memberikan manfaat bagi perawat, akan tetapi dalam implementasinya menghadapi berbagai kendala. Mahasiswa kesulitan mengelola waktu antara pekerjaan dan kuliah serta kesulitan menjaga keseimbangan antara tugas di kantor dan tugas akademis sehingga mengalami stress yang berdampak pada ketangguhan akademik.

Tujuan : Menggambarkan ketangguhan akademik pada mahasiswa keperawatan yang mengikuti program Rekognisi Pembelajaran Lampau (RPL)

Metode : Desain pada penelitian ini menggunakan deskriptif dengan pendekatan survey. Populasi yang diteliti mahasiswa keperawatan yang mengikuti Program Rekognisi Pembelajaran Lampau (RPL) di Universitas Ngudi Waluyo dengan jumlah sampel 69 mahasiswa diambil dengan menggunakan teknik total sampling. Data dianalisis menggunakan rumus distribusi frekuensi dan diolah dengan menggunakan program pengolahan data SPSS.

Hasil : Mahasiswa keperawatan yang mengikuti program RPL hampir seluruhnya berumur 26-35 tahun (82,7%) dan sudah menikah (82,6%). Selain itu sebagian besar berjenis kelamin perempuan (71,0%), berpendidikan D3 (76,8%), dan telah bekerja selama 4-5 tahun (68,1%). Mahasiswa sebagian besar mempunyai ketangguhan akademik kategori sedang (68,1%).

Kesimpulan : Mahasiswa keperawatan yang mengikuti Program RPL sebagian besar mempunyai ketangguhan akademik kategori sedang.

Saran : Mahasiswa sebaiknya meningkatkan ketangguhan akademik dengan mengembangkan pola pikir positif, menerima diri, dan mengelola stres

Kata Kunci : Ketangguhan Akademik, Mahasiswa Keperawatan Program RPL
Kepustakaan : 40 (2013-2022)

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“Description of Academic Resilience in Nursing Students Who Participate in the Prior Learning Recognition (RPL)”

xv + 79 pages + 6 tables + 2 figures + 15 appendices

ABSTRACT

Background: The RPL program is expected to provide benefits for nurses, but in its implementation it faces various obstacles. Students have difficulty managing time between work and college and have difficulty maintaining a balance between office tasks and academic tasks, so they experience stress that has an impact on academic resilience.

Objective: To describe academic resilience in nursing students who participate in the Recognition of Prior Learning (RPL) program

Method: The design in this study used a descriptive approach with a survey. The population studied were nursing students who participated in the Recognition of Prior Learning (RPL) Program at Ngudi Waluyo University with a sample size of 69 students taken using the total sampling technique. Data were analyzed using the frequency distribution formula and processed using the SPSS data processing program.

Results: Almost all nursing students who participated in the RPL program were 26-35 years old (82.7%) and married (82.6%). In addition, most were female (71.0%), had a D3 education (76.8%), and had worked for 4-5 years (68.1%). Most students have moderate academic resilience (68.1%) where they are 26-35 years old (68.1%), female (47.8%), have a D3 degree (49.3%) and have worked for 4-5 years (68.1%).

Conclusion: Most nursing students who take the RPL Program have moderate academic resilience.

Suggestion: Students should improve their academic resilience by developing a positive mindset, accepting themselves, and managing stress

Keywords : Academic Resilience, Nursing Students in the RPL Program

Bibliography: 40 (2013-2022)