

# HUBUNGAN PENGETAHUAN IBU TENTANG POSYANDU DENGAN KUNJUNGAN POSYANDU BALITA DI DESA WONOSARI KABUPATEN PEKALONGAN

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## ABSTRAK

**Latar Belakang:** Posyandu memiliki peran penting dalam pemantauan pertumbuhan dan perkembangan balita. Namun, tingkat kunjungan posyandu di beberapa daerah masih rendah, yang dapat berdampak pada kesehatan balita. Salah satu faktor yang mempengaruhi kunjungan posyandu adalah pengetahuan ibu mengenai pentingnya posyandu. Hasil wawancara dengan 10 ibu sasaran posyandu menunjukkan bahwa hanya 4 ibu yang memiliki pengetahuan baik tentang posyandu, kegiatan, dan manfaatnya, serta rutin melakukan kunjungan 12 kali dalam setahun. Sebanyak 4 ibu memiliki pengetahuan baik tentang posyandu dan kegiatannya, dengan kunjungan 8-10 kali per tahun 2 ibu dan kunjungan kurang dari 8 2 ibu . Sementara itu, 2 ibu hanya memiliki pengetahuan terbatas tentang posyandu, dengan kunjungan kurang dari 8 kali per tahun dan kurang aktif dalam kegiatan posyandu

**Tujuan Penelitian:** Untuk mengetahui Hubungan Pengetahuan Ibu Tentang Posyandu Dengan Kunjungan Posyandu Balita Di Desa Wonosari Kabupaten Pekalongan..

**Metode:** Penelitian ini menggunakan desain Analitik Korelasi dan menggunakan pendekatan case control. Populasi kasus dalam penelitian ini adalah Ibu balita dengan kunjungan tidak aktif pada bulan Desember 2024 di Desa wonosari sejumlah 40. Populasi control adalah Ibu balita dengan kunjungan aktif pada bulan Desember 2024 di desa Wonosari sejumlah 180 balita. Sampel dalam penelitian ini 40 responden kasus (dengan tehnik total sampling) dan 40 responden control (dengan tehnik propotionate random sampling), alat pengumpulan data menggunakan kuisisioner, dan data buku kunjungan balita, uji analisis menggunakan uji chi square.

**Hasil:** Sebagian besar responden memiliki pengetahuan baik tentang posyandu balita sebanyak 45 responden (56,3%) dan kunjungan posyandu balita aktif sebanyak 40 responden (50%). Ada Hubungan Pengetahuan Ibu Tentang Posyandu Dengan Kunjungan Posyandu Balita Di Desa Wonosari Kabupaten Pekalongan nilai p value sebesar 0,000.

**Simpulan:** Terdapat Hubungan Pengetahuan Ibu Tentang Posyandu Dengan Kunjungan Posyandu Balita Di Desa Wonosari Kabupaten Pekalongan.

**Kata Kunci:** Pengetahuan Ibu, Balita, Kunjungan ke Posyandu.

# RELATIONSHIP BETWEEN MOTHERS' KNOWLEDGE ABOUT POSYANDU AND POSYANDU VISITS FOR TODDLERS IN WONOSARI VILLAGE, PEKALONGAN REGENCY

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## ABSTRACT

**Background:** Posyandu has an important role in monitoring the growth and development of toddlers. However, the level of posyandu visits in some areas is still low, which can have an impact on the health of children under five. One of the factors that influences posyandu visits is the mother's knowledge about the importance of posyandu. The results of interviews with 10 targeted posyandu mothers showed that only 4 mothers had good knowledge about posyandu, its activities and benefits, and regularly visited 12 times a year. A total of 4 mothers had good knowledge about posyandu and its activities, with visits 8-10 times per year 2 mothers and visits less than 8 2 mothers. Meanwhile, 2 mothers only had limited knowledge about posyandu, visited less than 8 times per year and were less active in posyandu activities.

**Research Objective:** To determine the Relationship between Mother's Knowledge about Posyandu and Toddler Posyandu Visits in Wonosari Village, Pekalongan Regency.

**Method:** This study used an Analytical Correlation design and used a case control approach. The case population in this study were mothers of toddlers with inactive visits in December 2024 in Wonosari Village totaling 40. The control population was mothers of toddlers with active visits in December 2024 in Wonosari Village totaling 180 toddlers. The sample in this study was 40 case respondents (with total sampling technique) and 40 control respondents (with propotionate random sampling technique), data collection tools using questionnaires, and toddler visit book data, analysis tests using the chi square test..

**Results:** Most respondents had good knowledge about toddler posyandu as many as 45 respondents (56.3%) and active toddler posyandu visits as many as 40 respondents (50%). There is a Relationship Between Mother's Knowledge About Posyandu and Toddler Posyandu Visits in Wonosari Village, Pekalongan Regency, p value of 0.000.

**Conclusion:** There is a Relationship Between Mother's Knowledge About Posyandu and Toddler Posyandu Visits in Wonosari Village, Pekalongan Regency.

**Keywords:** Mother's Knowledge, Toddlers, Visits to Posyandu