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Peran Bidan Desa Untuk Meningkatkan Cakupan ASI Eksklusif Di Wilayah Kerja Puskesmas Bergas Kabupaten Semarang

ABSTRAK

Latar Belakang: Peran merupakan aspek dinamis kedudukan (status), apabila seseorang melaksanakan hak dan kewajibannya sesuai dengan kedudukannya, maka ia menjalankan suatu peranan. Indonesia memiliki target Nasional cakupan ASI Eksklusif yaitu sebesar 80%. Cakupan di Indonesia yaitu 37,7% (RisKesDas 2018). Tujuan dari penelitian ini adalah mengetahui Peran Bidan Desa Untuk Meningkatkan Cakupan ASI Eksklusif Di Wilayah Kerja Puskesmas Bergas Kabupaten Semarang.

Metode: Penelitian ini menggunakan metode deskriptif kualitatif dengan pendekatan fenomenologi. Dalam penelitian ini menggunakan teknik *purposive sampling*. Subyek utama yaitu Bidan Desa Wringin Putih dan Bergas Kidul. Pengumpulan data dilakukan melalui wawancara mandalam. Keabsahan data menggunakan Triangulasi Sumber yaitu Ibu menyusui yang melahirkan di Bidan Desa Wringin Putih dan Bergas Kidul. Analisis data yang digunakan adalah reduksi data, display data dan verifikasi.

Hasil: Hasil penelitian menunjukkan bahwa sudah ada peran Bidan Desa dalam IMD. Berdasarkan hasil wawancara dengan Triangulasi dalam IMD yang dilakukan oleh Bidan sebelum bayi menemukan puting ibu bayi sudah diambil dari dada ibu. Dalam peran pemberian informasi dan edukasi ASI 2 bidan mengatakan jika mereka memberikan informasi saat ibu memeriksakan kehamilan (*antenal care*) Namun dari triangulasi 3 orang ibu tidak mendapatkan informasi ASI namun hanya 1 orang ibu yang mendapatkan informasi tentang ASI yaitu ibu dengan pendidikan SMP.

Kesimpulan: Peran Bidan desa dalam Inisiasi Menyusu Dini (IMD) sudah dilakukan. Prosedur yang dilaksanakan oleh Bidan sudah baik tetapi waktu dalam Inisiasi Menyusu Dini (IMD) yang dilakukan belum sesuai. Pemberian informasi dan edukasi tentang ASI kurang optimal.

Kata Kunci : Peran, Bidan, ASI.

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The Role of Village Midwives to Improve Exclusive Breastfeeding Coverage at Working Area of Bergas Public Health Centre Semarang Regency

ABSTRACT

Background: Role is a dynamic aspect of the position (status), when a person carries out his rights and obligations in accordance with his position, it performs a role. Indonesia has a national target for exclusive breastfeeding coverage of 80% while coverage in some regions has not been said in accordance with national target. The coverage in Indonesia was 37.7% (RisKesDas 2018). The purpose of this research is the role of village midwives to improve breastfeeding coverage at working area of Bergas Public Health Centre Semarang Regency

Method: This study used a qualitative descriptive method with a phenomenology. study used purposive sampling techniques. The main subject in the study were 2 village midwives. Data collection was done through in-depth interview. The validity of data used triangulation source, breastfeeding mothers who gave birth in village midwives in the working area of Bergas Public Health Center. Data analysis used data reduction, data display and verification.

Results: The results of the study indicate that the midwives have done their role in early breastfeeding initiation. But early breastfeeding initiation has not been said to be perfect according to the law, which is done 1-2 hours until the baby finds the mother's nipples. In the role of providing information and education for breastfeeding, 2 midwives said that if they provided information when the mother did pregnancy check, but from the triangulation 3 mothers did not get the information, but only 1 mother who received information about breastfeeding, the mother has junior high school education.

Conclusion: The role of the village midwife in early breastfeeding initiation has been carried out by the village midwives and it is good but the timing in the early initiation of breastfeeding is not appropriate. Providing information and education about breast milk is less optimal.

Keywords : Role, Midwives, breast milk