

Universitas Ngudi Waluyo Ungaran
Kebidanan Program Sarjana Fakultas Kesehatan
Skripsi, Juli 2025
Armelinda Octavia Marthaba Nay, Vistra Vefisia
157241070

HUBUNGAN DUKUNGAN SUAMI TERHADAP KEPATUHAN KONSUMSI TABLET TAMBAH DARAH DI WILAYAH KERJA UPT. PUSKESMAS MANUFUI

ABSTRAK

Latar Belakang: Sebagian ibu hamil tidak patuh mengonsumsi tablet tambah darah secara rutin setiap hari sesuai dengan anjuran yang diberikan oleh tenaga kesehatan. Dukungan suami terhadap ibu hamil masih rendah dan seringkali diabaikan oleh suami. Kurangnya dukungan dari suami baik berupa dukungan emosional, dukungan penghargaan, dukungan instrument dan dukungan informasi merupakan faktor utama yang menyebabkan rendahnya kepatuhan ibu hamil untuk mengonsumsi tablet tambah darah. **Tujuan Penelitian:** Untuk mengetahui dukungan suami terhadap kepatuhan konsumsi tablet tambah darah di wilayah kerja UPT. Puskesmas Manufui

Metode: Penelitian ini menggunakan desain analitik korelasi. Populasi dalam penelitian ini adalah seluruh ibu hamil trimester satu, dua dan tiga. Sampel dalam penelitian ini berjumlah 31 ibu hamil Teknik pengambilan sampel menggunakan *purposive sampling*, setelah dilakukan kriteria inklusi jumlah sampel 31 ibu hamil. Alat pengumpulan data dengan menggunakan kuesioner, uji analisis univariat dengan distribusi frekuensi dan bivariat dengan uji *fisher's exact* pada uji *chi square*.

Hasil: Sebagian besar responden tidak didukung suami sejumlah 16 responden (51,6%), patuh sedang sejumlah 7 responden (22,6%), dan patuh rendah 24 responden (77,4%). Hasil penelitian ini adalah tidak ada hubungan antara dukungan suami terhadap kepatuhan konsumsi tablet tambah darah dengan $p \text{ value} = (0,220) > \alpha (0,05)$

Simpulan: Tidak ada hubungan dukungan suami terhadap kepatuhan konsumsi tablet tambah darah. **Saran :** Diharapkan petugas kesehatan saat melakukan kunjungan rumah bisa bertemu dengan ibu hamil dan suami sehingga bisa menjelaskan manfaat pentingnya konsumsi tablet tambah darah dan dampak yang bisa terjadi akibat anemia.

Kata Kunci: Dukungan Suami, Kepatuhan, Tablet Tambah Darah

Ngudi Waluyo University, Ungaran
Midwifery Undergraduate Program, Faculty of Health
Thesis, July 2025
Armelinda Octavia Marthaba Nay, Vistra Veftisia
157241070

THE RELATIONSHIP BETWEEN HUSBAND'S SUPPORT AND IRON SUPPLEMENT COMPLIANCE IN THE MANUFUI COMMUNITY HEALTH CENTER WORK AREA

ABSTRACT

Background: Some pregnant women do not adhere to taking blood supplement tablets regularly every day according to the recommendations given by health workers. Husband support for pregnant women is still low and often ignored by husbands. Lack of support from husbands in the form of emotional support, appreciation support, instrument support and information support are the main factors that cause low compliance of pregnant women to take blood supplement tablets. **Research Objective:** To determine the husband's support for adherence to taking blood supplement tablets in the working area of the Manufui Health Center.

Methods: This study used a correlation analytic design. The population in this study were all pregnant women in trimester one, two and three. The sample in this study amounted to 31 pregnant women. The sampling technique used purposive sampling, after the inclusion criteria were carried out, the sample size was 31 pregnant women. Data collection tools using questionnaires, univariate analysis test with frequency distribution and bivariate with fisher's exact test on schi square test.

Results: Most of the respondents were not supported by their husbands with 16 respondents (51.6%), moderate adherence with 7 respondents (22.6%), and low adherence with 24 respondents (77.4%). The result of this study is that there is no relationship between husband support and adherence to blood supplement tablets consumption with $p \text{ value} = (0.220) > \alpha (0.05)$.

Conclusion: There is no association between husband's support and adherence to taking blood supplement tablets. **Recommendation:** It is expected that health workers when conducting home visits can meet with pregnant women and husbands so that they can explain the benefits of the importance of taking blood supplement tablets and the effects that can occur due to anemia.

Keywords: Husband Support, Adherence, Blood Additive Tablets