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**FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN KEJADIAN
ANEMIA PADA IBU HAMIL TRIMESTER III DI PUSKESMAS SRI
GUNUNG KECAMATAN SUNGAI LILIN KABUPATEN MUSI
BANYUASIN PROVINSI SUMATERA SELATAN**

ABSTRAK

Anemia selama kehamilan dapat menimbulkan konsekuensi yang berbahaya bagi ibu dan janin. Faktor tidak langsung yang dapat menyebabkan anemia adalah faktor yang mempengaruhi kadar hemoglobin pada ibu hamil yang meliputi frekuensi ANC, paritas, riwayat obstetri, umur ibu hamil, jarak kehamilan, status sosial, ekonomi, pendidikan, budaya. Hasil studi pendahuluan yang dilakukan di Puskesmas Sri Gunung didapatkan dari tahun 2022 sampai 2024 mengalami kenaikan menjadi 52 ibu hamil. Pada tahun 2025 bulan Januari-Mei 2025 terdapat 19 ibu hamil mengalami anemia. Penelitian ini bertujuan untuk mengetahui faktor-faktor yang berhubungan dengan kejadian anemia pada kehamilan trimester III di Puskesmas Sri Gunung.

Jenis penelitian menggunakan penelitian kuantitatif dengan desain penelitian analitik korelasional dengan pendekatan *cross sectional*. Populasi penelitian adalah ibu hamil trimester III Usia kehamilan 37 minggu di Puskesmas Sri Gunung bulan Juni 2025 sebanyak 36 orang. teknik pengambilan sampel menggunakan pendekatan *total sampling*. Pengumpulan data menggunakan rekam medis Puskesmas. Analisis data adalah analisis univariat dan analisis bivariat menggunakan uji *fisher's exact*.

Gambaran paritas ibu sebagian besar dengan kategori multipara sebesar 75%. Gambaran jarak kelahiran sebagian besar pada kategori ideal sebesar 72,2%. Gambaran frekuensi ANC sebagian besar pada kategori patuh sebesar 66,7%. Gambaran anemia pada trimester III sebagian besar pada kategori tidak anemia sebesar 63,9%. Hasil uji statistik *fisher's exact* pada variabel paritas diperoleh *p value* (0,037), jarak kelahiran diperoleh *p value* (0,013) < α (0,05) dan frekuensi ANC diperoleh *p value* (0,001) menunjukkan bahwa H_0 diterima.

Ada hubungan antara paritas, jarak kelahiran dan frekuensi ANC dengan kejadian anemia ibu hamil trimester III di Puskesmas Sri Gunung.

Kata Kunci: Paritas, Jarak Kelahiran, Frekuensi ANC, Anemia.

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**FACTORS RELATED TO THE INCIDENCE OF ANEMIA IN PREGNANT
WOMEN IN THE THIRD TRIMESTER AT THE SRI GUNUNG PUBLIC
HEALTH CENTER, SUNGAI LILIN DISTRICT, MUSI BANYUASIN
REGENCY, SOUTH SUMATRA PROVINCE**

ABSTRACT

Anemia during pregnancy can have dangerous consequences for both the mother and the fetus. Indirect factors that can cause anemia include factors that influence hemoglobin levels in pregnant women, including ANC frequency, parity, obstetric history, maternal age, pregnancy spacing, social status, economic status, education, and culture. A preliminary study conducted at the Sri Gunung Community Health Center (Puskesmas) showed an increase in the number of pregnant women from 2022 to 2024, reaching 52. In 2025, from January to May 2025, 19 pregnant women experienced anemia. This study aimed to determine factors associated with the incidence of anemia in the third trimester of pregnancy at the Sri Gunung Community Health Center.

This study used a quantitative approach with a correlational analytical design and a cross-sectional approach. The study population consisted of 36 pregnant women in their third trimester, 37 weeks pregnant, at the Sri Gunung Community Health Center in June 2025. The sampling technique used a total sampling approach. Data collection utilized the Community Health Center's medical records. Data analysis involved univariate and bivariate analyses using Fisher's exact test. Maternal parity was predominantly multiparous (75%). Birth spacing was predominantly ideal (72.2%). ANC frequency was predominantly compliant (66.7%). Anemia in the third trimester was predominantly non-anemic (63.9%). The results of the Fisher's exact statistical test on the parity variable obtained a p value of 0.037, birth spacing obtained a p value of $0.013 < \alpha (0.05)$, and ANC frequency obtained a p value of 0.001, indicating that H_a was accepted.

There is a relationship between parity, birth spacing, and ANC frequency with the incidence of anemia in pregnant women in the third trimester at the Sri Gunung Community Health Center..

Keywords: Parity, Birth Spacing, ANC Frequency, Anemia.