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**GAMBARAN PENGETAHUAN IBU TENTANG EFEKTIFITAS
PERAWATAN METODE KANGURU (PMK) TERHADAP PENINGKATAN
SUHU TUBUH BBLR DI PUSKESMAS GEMEH KECAMATAN GEMEH
KABUPATEN KEPULAUAN TALAUD**

ABSTRAK

Latar Belakang: Perawatan metode kanguru adalah perawatan untuk bayi premature dengan melakukan kontak langsung antara kulit bayi dan kulit ibu. Istilah Perawatan Metode Kanguru (PMK) dipakai karena cara perawatan ini menyerupai perawatan bayi yang dilakukan oleh binatang kanguru, dimana bayi yang dilahirkan oleh binatang kanguru memang selalu premature. Sehingga kanguru merawat anaknya dengan cara meletakkannya di dalam kantung yang bertujuan untuk menjaga bayinya agar tetap hangat. Metode kanguru biasanya dilakukan oleh ibu. Sehingga dibutuhkan pengetahuan yang baik dari ibu untuk dapat menerapkan Perawatan Metode Kanguru

Tujuan : Untuk mengetahui gambaran pengetahuan ibu Tentang Efektifitas Perawatan Metode Kanguru Terhadap Peningkatan Suhu Tubuh Bblr Di Puskesmas Gemeh Kecamatan Gemeh Kabupaten Kepulauan Talaud.

Metode : Penelitian ini menggunakan *Desain Deskriptif Kuantitatif*. Populasi dalam penelitian ini yaitu ibu yang berusia 18-40 tahun di wilayah puskesmas Gemeh, pengambilan sampel dengan metode *accidental sampling* yaitu 51 responden dengan alat pengumpulan data berupa kuesioner, analisis univariat dengan distribusi frekuensi.

Hasil Penelitian : Hasil Penelitian Karakteristik Demografi responden menunjukkan mayoritas merupakan usia dewasa awal (77,8%), berpendidikan SMA (38,9%), bekerja (61,1%). Sedangkan hasil penelitian menunjukkan bahwa Pengetahuan ibu tentang metode kanguru di puskesmas Gemeh sebagian besar responden berpengetahuan kurang 35 responden (56,6%), Pengetahuan ibu tentang pengertian perawatan metode kanguru sebagian besar responden berpengetahuan kurang, sejumlah 10 responden (27,8%), Pengetahuan Ibu Tentang perawatan Metode kanguru sebagian besar responden berpengetahuan kurang sejumlah 13 responden (86,6%), Pengetahuan Ibu Tentang tinjauan BBLR sebagian besar responden berpengetahuan kurang sejumlah 10 responden (27,8%).

Simpulan : Pengetahuan Ibu Tentang perawatan Metode kanguru sebagian besar responden berpengetahuan kurang sejumlah 35 responden (56,6%).

Kata Kunci : Pengetahuan, Metode Kanguru, Suhu Tubuh BBLR
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OVERVIEW OF MOTHER'S KNOWLEDGE ABOUT EFFECTIVENESS KANGAROO METHOD OF CARE (PMK) INCREASING BODY TEMPERATURE LBW AT GEMEH HEALTH CENTER, GEMEH DISTRICT, TALAUD ISLANDS DISTRICT

ABSTRACT

Background: Kangaroo method of care is care for premature babies by making direct contact between the baby's skin and the mother's skin. The term Kangaroo Care Method (PMK) is used because this care method resembles baby care carried out by kangaroos, where babies born to kangaroos are always premature. So kangaroos care for their young by placing them in a pouch which aims to keep the baby warm. The kangaroo method is usually carried out by the mother. So it requires good knowledge from the mother to be able to apply the Kangaroo Method of Care.

Objective: To determine the mother's knowledge regarding the effectiveness of the Kangaroo Method in increasing Bblr body temperature at the Gemeh Community Health Center, Gemeh District, Talaud Islands Regency.

Method: This research uses a Quantitative Descriptive Design. The population in this study were mothers aged 18-40 years in the Gemeh health center area, sampling was taken using the accidental sampling method, namely 51 respondents with data collection tools in the form of questionnaires, univariate analysis with frequency distribution.

Research Results: The results of the research on demographic characteristics of respondents show that the majority are early adults (77.8%), have a high school education (38.9%), are employed (61.1%). Meanwhile, the results of the research show that the majority of respondents' knowledge about the kangaroo method at the Gemeh Community Health Center is less knowledgeable, 35 respondents (56.6%), the majority of respondents' knowledge about the meaning of kangaroo method care is less, a total of 10 respondents (27.8%), Mothers' knowledge about kangaroo method care was that most respondents had little knowledge, 13 respondents (86.6%), and mothers' knowledge about LBW reviews, most respondents had little knowledge, 10 respondents (27.8%).

Conclusion: Most of the respondents had poor knowledge regarding the kangaroo method of care regarding mothers with 35 respondents (56.6%).

Keywords: Knowledge, Kangaroo Method, LBW Body Temperature