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HUBUNGAN PERILAKU BULLYING DENGAN HARGA DIRI MURID DI SMP KOTA SEMARANG

ABSTRAK

Bullying adalah tindakan yang dipergunakan untuk menyakiti seseorang atau sekelompok orang, baik secara verbal, fisik maupun psikologis seseorang sehingga korban merasa tertekan dan terintimidasi. Dampak dari bullying salah satunya yaitu harga diri. Harga diri merupakan evaluasi seseorang terhadap dirinya sendiri, diekspresikan dalam sikap negatif atau positif. Penelitian ini bertujuan untuk mengetahui hubungan perilaku bullying dengan harga diri murid di SMP Kota Semarang.

Penelitian ini menggunakan metode kuantitatif dengan pendekatan *cross sectional*. Populasi penelitian ini adalah seluruh murid kelas VIII di SMP Negeri 12 Semarang sebanyak 271 murid. Teknik pengambilan sampel yang digunakan *purposive sampling* dengan jumlah sampel sebanyak 162 murid. Penelitian menggunakan sumber data primer yang dikumpulkan dengan menggunakan kuesioner bullying dan harga diri. Analisa data penelitian yang digunakan adalah Uji korelasi *Spearman's Rank*.

Hasil penelitian didapatkan ada 8 (4,9%) murid masuk dalam kategori bullying tinggi dan tingkat harga diri tinggi sebanyak 159 murid (98,1%). Hasil uji statistik dengan uji korelasi *Spearman's Rank* didapatkan nilai $p \text{ value} = 0,043 < 0,05$ yang artinya ada hubungan perilaku bullying dengan harga diri.

Ada hubungan perilaku bullying dengan harga diri murid di SMP Kota Semarang. Diharapkan agar dapat menghindari perilaku bullying, dengan cara meminimalisir dampak pemicu bullying. Jika mengalami harga diri rendah, dapat melakukan kegiatan akademik atau non akademik yang dapat menambah prestasi, sehingga menimbulkan rasa diri berguna.

Kata Kunci : *perilaku bullying, harga diri*

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**THE RELATIONSHIP BETWEEN BULLYING BEHAVIOR AND
STUDENT SELF-ESTEEM IN SEMARANG CITY JUNIOR HIGH
SCHOOL**

ABSTRACT

Bullying is an act used to hurt a person or group of people, either verbally, physically or psychologically so that the victim feels depressed and intimidated. One of the impacts of bullying is self-esteem. Self-esteem is a person's evaluation of himself, expressed in a negative or positive attitude. This study aims to determine the relationship between bullying behavior and student self-esteem in Semarang City Junior High School.

This study used quantitative methods with a cross sectional approach. The population of this study was all grade VIII students at SMP Negeri 12 Semarang as many as 271 students. The sampling technique used was purposive sampling with a total sample of 162 students. The study used primary data sources collected using bullying and self-esteem questionnaires. The analysis of research data used is the Spearman's Rank correlation test.

The results of the study found that there were 8 (4.9%) students included in the category of high bullying and high self-esteem levels as many as 159 students (98.1%). The results of statistical tests with the Spearman's Rank correlation test obtained $p \text{ value} = 0.043 < 0.05$ which means there is a relationship between bullying behavior and self-esteem.

There is a relationship between bullying behavior and student self-esteem in Semarang City Junior High School. It is expected to avoid bullying behavior, by minimizing the impact of bullying triggers. If you experience low self-esteem, you can do academic or non-academic activities that can increase achievement, thus causing a sense of usefulness.

Keywords: *bullying behavior, self-esteem*