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## **Hubungan Dukungan Suami dan Pengetahuan Istri Terhadap Pemilihan Kontrasepsi IUD Pasca Bersalin Di Rumah Sakit Umum Balikpapan Baru Tahun 2023**

### **ABSTRAK**

**Latar Belakang :** Menurut DP3AKB Kota Balikpapan pencapaian kontrasepsi AKDR pada tahun 2021 mengalami penurunan yakni 13,841 jiwa. Rendahnya cakupan IUD di RSBB dipengaruhi beberapa faktor salah satunya pengetahuan dan dukungan suami yang membuat penggunaan kontrasepsi IUD tidak memenuhi target BKKBN.

**Tujuan penelitian :** Untuk mengetahui hubungan dukungan suami dan pengetahuan istri terhadap pemilihan kontrasepsi IUD pasca bersalin di Rumah Sakit Umum Balikpapan Baru Tahun 2023

**Metode Penelitian :** Penelitian ini menggunakan desain deskriptif korelasi dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah akseptor kontrasepsi baru pasca salin dari bulan Agustus sampai dengan Oktober yang menggunakan kontrasepsi IUD sebanyak 25 akseptor dan yang menggunakan kontrasepsi tubektomi sebanyak 15 akseptor dengan jumlah keseluruhan 40 akseptor di Rumah Sakit Umum Balikpapan. Teknik sampling pada penelitian ini menggunakan *Total sampling* dengan jumlah sampel sebanyak 40. Instrument penelitian kuisioner. Analisis data menggunakan analisis statistik *chi square*.

**Hasil Penelitian :** Didapatkan sebagian besar responden berpengetahuan baik baik sebanyak 15 orang (37,5%), dan responden yang mendapatkan dukungan suami yakni sebanyak 22 orang (55%). Hasil uji *SPSS Chi square* diperoleh nilai sebesar 0,000 dan 0,005 *p value* ( $< \alpha$  (0,05), maka  $H_0$  ditolak, artinya ada hubungan yang signifikan antara dukungan suami dan pengetahuan ibu terhadap pemilihan kontrasepsi IUD pasca bersalin di RSUD Balikpapan Baru

**Simpulan :** Ada hubungan antara dukungan suami dan pengetahuan istri terhadap pemilihan kontrasepsi IUD di RSUD Balikpapan Baru Tahun 2023.

**Saran:** Diharapkan ibu memperbanyak informasi mengenai kontrasepsi IUD mulai dari keuntungan hingga efek samping. Sehingga dapat meningkatkan minat ibu terhadap pemakaian kontrsepsi IUD

**Kata kunci :** Pengetahuan, Dukungan Suami, IUD

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## **The Relationship between Husband Support and Wife's Knowledge of Post Partum IUD Contraception Selection at Balikpapan General Hospital in 2023**

### **ABSTRACT**

**Background:** According to DP3AKB Balikpapan City, the achievement of IUD contraception in 2021 decreased by 13,841 people. The low coverage of IUDs in RSBB is influenced by several factors, one of which is the knowledge and support of husbands who make the use of IUD contraception not meet the BKKBN target..

**Purpose of the study:** To determine the relationship between husband support and wife's knowledge on IUD contraceptive selection at Balikpapan Baru General Hospital in 2023

**Method:** This study uses a correlation descriptive design with a cross sectional approach. The population in this study was new postpartum contraceptive acceptors from August to October who used IUD contraception as many as 25 acceptors and who used tubectomy contraception as many as 15 acceptors with a total of 40 acceptors at Balikpapan General Hospital. The sampling technique in this study used total sampling with a total sample of 40. Questionnaire research instrument. Data analysis using statistical chi square analysis.

**Results:** It was found that most respondents had good knowledge as many as 15 people (37.5%), and respondents who received husband support were as many as 22 people (55%). The results of the SPSS Chi square test obtained values of 0.000 and 0.005 p value ( $< \alpha$  (0.05), then  $H_0$  was rejected, meaning that there was a significant relationship between husband support and maternal knowledge of IUD contraceptive selection at RSU Balikpapan Baru

**Conclusion:** There is a relationship between husband support and wife's knowledge of IUD contraception selection at RSU Balikpapan Baru in 2023. Advice: It is expected that mothers increase information about IUD contraception ranging from benefits to side effects. So that it can increase maternal interest in the use of IUD contraception.

**Keywords:** Knowledge, Spousal Support, IUD