

ABSTRAK

Universitas Ngudi Waluyo
Program Studi Keperawatan
Skripsi, Maret 2025
Awia Astuty
017232045

“Gambaran peran perawat dalam mencegah luka tekan pada pasien lansia di Ruang Rawat Inap RSUD H Jusuf SK Tarakan” xi + 47 halaman + 8 tabel + 2 gambar + 8 lampiran

Latar belakang: luka tekan yang terjadi pada pasien baik yang dialami pasien dari rumah maupun yang dialami pasien setelah perawatan di rumah sakit menggambarkan pentingnya peran perawat dalam upaya pencegahan kejadian dekubitus terutama pada pasien lansia yang mengalami gangguan mobilitas.

Tujuan: mengetahui gambaran peran perawat dalam pencegahan kejadian luka tekan pada lansia di ruang perawatan RSUD H Jusuf SK Tarakan.

Metode: penelitian menggunakan metode kuantitatif *deskriptif* dengan pendekatan survey, dengan jumlah sampel sebanyak 60 orang yang diambil dengan teknik *purposive sampling*. Alat pengambilan data menggunakan kuesioner. Analisis univariat berupa distribusi frekuensi diolah dengan menggunakan program SPSS.

Hasil: Peran perawat dalam pencegahan kejadian luka tekan pada lansia dalam kategori baik dimana peran sebagai pemberi asuhan keperawatan sebagian besar kategori baik= 56 (93,3%) responden, sebagai advocator sebagian besar kategori baik= 48 (80%) responden, sebagai edukator sebagian besar kategori baik= 50 (83,3%) responden, sebagai konselor sebagian besar kategori baik= 53 (88,3%) responden, sebagai kolaborator sebagian besar kategori baik= 52 (86,7%) responden.

Kesimpulan: Peran perawat dalam pencegahan kejadian luka tekan pada lansia di ruang perawatan RSUD H. Jusuf SK Tarakan sebahagian besar dalam kategori baik

Saran: lebih aktif dalam menerapkan reposisi setiap 2 jam sekali untuk mencegah luka tekan serta melakukan pengkajian lebih dini.

Kata Kunci : peran, perawat, luka tekan, lansia

Kepustakaan : 42 (2015-2024)

ABSTRACT

Ngudi Waluyo University
Nursing Study Program
Final Assignment, Maret 2025
Awia Astuty
017232045

“The Role of Nurses in Preventing Pressure Ulcers in Elderly Patients in the Inpatient Ward of RSUD H. Jusuf SK Tarakan” xi + 47 pages + 8 tables + 2 figures + 8 appendices

Background: Pressure ulcers in patients, whether acquired at home or during hospitalisation, highlight the critical role of nurses in preventing the occurrence of decubitus, particularly in elderly patients with mobility impairments.

Objective: To examine the role of nurses in preventing pressure ulcers among elderly patients in the inpatient ward of RSUD H. Jusuf SK Tarakan.

Method: This study employed a descriptive quantitative research method with a survey approach. A total of 60 respondents were selected using purposive sampling. Data collection was conducted through a questionnaire. Univariate analysis was performed using frequency distribution and processed using SPSS software.

Results: The role of nurses in preventing pressure ulcers among elderly patients was generally categorised as good. Specifically: As care providers: 56 (93.3%) respondents were categorised as good, As advocates: 48 (80%) respondents were categorised as good, As educators: 50 (83.3%) respondents were categorised as good., As counsellors: 53 (88.3%) respondents were categorised as good and As collaborators: 52 (86.7%) respondents were categorised as good.

Conclusion: The role of nurses in preventing pressure ulcers among elderly patients in the inpatient ward of RSUD H. Jusuf SK Tarakan was predominantly categorised as good.

Suggestion: Nurses should be more proactive in implementing repositioning every two hours to prevent pressure ulcers and conduct early assessments more effectively.

Keywords: role, nurse, pressure ulcer, elderly

Literature: 42 (2015–2024)