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Edukasi video dan leaflet untuk meningkatkan kepatuhan pasien Hemodialisis dalam menjaga pembuluh darah akses vaskuler

Abstrak

Latar Belakang: Ginjal berperan penting dalam menjaga keseimbangan cairan dan limbah dalam tubuh. Hemodialisis menggantikan fungsi ginjal pada pasien gagal ginjal melalui penyaringan darah. Prosedur ini rutin dilakukan, tetapi dapat menimbulkan risiko komplikasi. Kepatuhan pasien dalam perawatan sangat penting untuk keberhasilan terapi. Edukasi melalui video dan leaflet diharapkan dapat meningkatkan pemahaman dan kepatuhan pasien dalam merawat akses vaskular, yang krusial untuk mencegah komplikasi dan mendukung keberhasilan jangka panjang terapi hemodialisis.

Kinerja Pengabdian: Pengabdian di RSUD dr. H. Jusuf SK meliputi edukasi perawatan akses vaskular, pencegahan infeksi, pemantauan masalah akses, nutrisi sehat, latihan fisik, dan kerja sama dengan tim medis untuk mendukung kesehatan pasien hemodialisis.

Kinerja pengembangan: Kepatuhan pasien hemodialisis penting untuk mencegah komplikasi. Edukasi melalui video dan leaflet dapat meningkatkan pemahaman perawatan akses vaskular.

Hasil : Edukasi video lebih efektif dalam meningkatkan kepatuhan pasien hemodialisis, sementara leaflet berguna sebagai referensi praktis. Kombinasi keduanya lebih optimal.

Kata kunci : Edukasi Video, Leaflet, Kepatuhan Pasien, Hemodialisis, Perawatan Akses Vaskular, Pendidikan Kesehatan, Inovasi Edukasi

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Educational videos and leaflets to improve compliance of Hemodialysis patients in maintaining vascular access blood vessels

Abstract

Background: Kidneys play an important role in maintaining the balance of fluids and waste in the body. Hemodialysis replaces kidney function in patients with kidney failure through blood filtration. This procedure is routinely performed, but can pose a risk of complications. Patient compliance in treatment is very important for the success of therapy. Education through videos and leaflets is expected to improve patient understanding and compliance in caring for vascular access, which is crucial to prevent complications and support the long-term success of hemodialysis therapy.

Community Service Performance: Community service at RSUD dr. H. Jusuf SK includes education on vascular access care, infection prevention, monitoring access problems, healthy nutrition, physical exercise, and collaboration with the medical team to support the health of hemodialysis patients.

Performance development: Hemodialysis patient compliance is important to prevent complications. Education through videos and leaflets can improve understanding of vascular access care .

Results: More video education effective in increase compliance patient hemodialysis , while the leaflet is useful as reference practical . Combination both of them more optimal.

Say key : Video Education, Leaflet, Patient Compliance, Hemodialysis, Vascular Access Care, Health Education, Educational Innovation