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HUBUNGAN DUKUNGAN KELUARGA DENGAN PEMANFAATAN POSYANDU LANSIA DI DESA SEKURAU JAYA

ABSTRAK

Latar Belakang: Posyandu Lansia merupakan pos pelayanan terpadu yang ditujukan kepada masyarakat lanjut usia pada suatu wilayah tertentu agar mereka bisa mendapatkan pelayanan kesehatan dengan baik. Posyandu lansia bertujuan agar kesehatan lansia dapat terpelihara dan terpantau secara optimal. Salah satu faktor yang dapat mempengaruhi pemanfaatan posyandu lansia adalah dukungan keluarga. Berdasarkan hasil studi pendahuluan di Puskesmas Long Gelang didapatkan data jumlah lansia ≥ 60 tahun per bulan Juni 2024 sebanyak 457 lansia dengan cakupan kunjungan ke posyandu lansia sebesar 58,2%. Sedangkan data jumlah lansia ≥ 60 tahun di Desa Sekurau Jaya per bulan Juni 2024 sebanyak 128 lansia dengan cakupan kunjungan lansia sebesar 60,9%. Penelitian ini bertujuan untuk mengetahui hubungan dukungan keluarga dengan pemanfaatan posyandu lansia di Desa Sekurau Jaya.

Metode: Jenis penelitian menggunakan penelitian kuantitatif dengan desain penelitian deskriptif korelasional dengan pendekatan *cross sectional*. Populasi penelitian adalah seluruh lansia di Desa Sekurau Jaya dan teknik pengambilan sampel menggunakan *propotionate random sampling* sebanyak 57 orang. Pengumpulan data menggunakan lembar kuesioner. Analisis data adalah analisis univariat dan analisis bivariat menggunakan uji *fisher exact*

Hasil: Gambaran dukungan keluarga lansia di Desa Sekurau Jaya dengan kategori baik yaitu 25 orang (43,9%) dan kategori kurang yaitu 32 orang (56,1%). Gambaran pemanfaatan posyandu lansia di Desa Sekurau Jaya dengan kategori memanfaatkan yaitu 24 orang (42,1%) dan kategori tidak memanfaatkan yaitu 33 orang (57,9%). Hasil uji statistik *fisher exact* diperoleh p value $(0,000) < \alpha$ $(0,05)$ menunjukkan bahwa H_0 diterima.

Simpulan: Terdapat hubungan antara dukungan keluarga dengan pemanfaatan posyandu lansia di Desa Sekurau Jaya.

Kata Kunci: Dukungan Keluarga, Pemanfaatan Posyandu Lansia

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**THE RELATIONSHIP BETWEEN FAMILY SUPPORT AND THE USE OF
INTEGRATED SERVICE POST FOR THE ELDERLY IN SEKURAU JAYA
VILLAGE**

ABSTRACT

Background: Integrated service post for the Elderly is an integrated service post aimed at elderly people in a certain area so that they can get good health services. Posyandu for the elderly aims to ensure that the health of the elderly can be maintained and monitored optimally. One factor that can influence the utilization of posyandu for the elderly is family support. Based on the results of a preliminary study at the Long Gelang Health Center, data on the number of elderly people ≥ 60 years old as of June 2024 was 457 elderly people with a coverage of visits to the elderly posyandu of 58.2%. Meanwhile, data on the number of elderly people ≥ 60 years old in Sekurau Jaya Village as of June 2024 was 128 elderly people with a coverage of elderly visits of 60.9%. This research aims to determine the relationship between family support and the use of integrated service post for the elderly in Sekurau Jaya Village.

Method: This type of research uses quantitative research with a descriptive correlational research design with a cross-sectional approach. The research population was all elderly people in Sekurau Jaya Village, and the sampling technique used was proportional random sampling of 57 people. Data collection uses a questionnaire sheet. Data analysis is univariate analysis and bivariate analysis using the Fisher exact test.

Results: Description of support for elderly families in Sekurau Jaya Village with the good category, namely 25 people (43.9%) and the poor category, namely 32 people (56.1%). Description of the use of integrated service post for the elderly in Sekurau Jaya Village with the use category, namely 24 people (42.1%) and the non-use category, namely 33 people (57.9%). Fisher exact statistical test results obtained a value $(0.000) < 0.05$, indicating that H_a is accepted.

Conclusion: There is a relationship between family support and the use of integrated service post for the elderly in Sekurau Jaya Village.

Keywords: Family Support, the Use of Integrated Service Post for the Elderly.