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## **KARAKTERISTIK IBU HAMIL PRE EKLAMPSIA DI RSUD KESESI KABUPATEN PEKALONGAN**

### **ABSTRAK**

**Latar Belakang:** Pre eklamsia merupakan salah satu komplikasi kehamilan yang menyebabkan kematian ibu. Faktor penyebab pre eklamsia yang berkaitan dengan karakteristik ibu hamil, seperti usia ibu, usia kehamilan, paritas, pendidikan, pekerjaan, dan riwayat hipertensi. Penelitian ini bertujuan untuk mengetahui gambaran karakteristik ibu hamil pre eklamsia di RSUD Kesesi kabupaten Pekalongan.

**Metode Penelitian:** penelitian kuantitatif dengan desain *cross sectional*. Teknik sampling menggunakan *total sampling* dengan jumlah sampel sebanyak 52 orang ibu hamil pre eklamsia. Instrumen menggunakan rekam medis. Hasil penelitian dianalisis dengan analisa univariat

**Hasil:** karakteristik responden sebagian besar mengalami pre eklamsia ringan (80,8%), kategori usia berisiko (57,7%), usia kehamilan trimester III (98,1%), multipara (80,2%), tingkat pendidikan tamat SMA (65,4%), ibu rumah tangga (61,5%), tidak ada riwayat hipertensi (90,4%)

**Simpulan:** penelitian ini menunjukkan bahwa karakteristik ibu hamil pre eklamsia di RSUD Kesesi sebagian besar mengalami pre eklamsia ringan 80,8%, kategori usia berisiko (> 35 tahun) 57,7%, usia kehamilan trimester III 98,1%, multipara 80,2%, tingkat pendidikan tamat SMA 65,4%, bekerja sebagai ibu rumah tangga 61,5% dan tidak memiliki riwayat hipertensi 90,4%. Diharapkan rumah sakit dapat mengadakan pelatihan untuk meningkatkan kemampuan penanganan pre eklamsia.

**Kata kunci :** Ibu hamil, Karakteristik, Pre eklamsia

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## CHARACTERISTICS OF PRE ECLAMPSIA PREGNANT WOMEN IN KESESI REGIONAL GENERAL HOSPITAL PEKALONGAN DISTRICT ABSTRACT

**Background:** Pre eclampsia is one of the complications of pregnancy that causes maternal death. Factors causing pre eclampsia are related to the characteristics of pregnant women, such as maternal age, gestational age, parity, education, occupation, and history of hypertension. This study aims to determine the characteristics of pre eclampsia pregnant women at Kesesi Regional General Hospital, Pekalongan Regency.

**Methods:** quantitative research with a cross sectional design. The sampling technique used total sampling with a sample size of 52 pre-eclampsia pregnant women. Instruments using medical records. The results of the study were analyzed by univariate analysis

**Results:** the characteristics of respondents mostly experienced mild pre eclampsia (80.8%), age category at risk (57.7%), third trimester gestational age (98.1%), multiparous (80.2%), high school education level (65.4%), housewife (61.5%), no history of hypertension (90.4%).

**Conclusion:** This study shows that the characteristics of characteristics of pre eclampsia pregnant women at Kesesi Regional General Hospital mostly experienced pre eclampsia 80.8%, risk age category (> 35 years) 57.7%, third trimester gestational age 98.1%, mulitiparous 80.2%, high school education level 65.4%, working as a housewife 61.5% and not having a history of hypertension 90.4%. It is expected that the hospital can organize training to improve the ability to handle pre-eclampsia.

Keywords: Pregnant women, Characteristics, Pre eclampsia