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HUBUNGAN PENGETAHUAN DAN SIKAP SUAMI DENGAN PENDAMPINGAN PERSALINAN DI PUSKESMAS SEPINGGAN

ABSTRAK

Latar Belakang: Tindakan pendampingan suami dipengaruhi oleh tingkat pengetahuan, bahwa dengan melakukan tindakan pendampingan persalinan yang baik dapat memberikan rasa nyaman pada istri dalam masa persalinan, dengan adanya seseorang yang mendampingi istri, maka istri akan lebih percaya diri untuk menghadapi proses persalinannya. Pengetahuan suami tentang pendamping persalinan juga sangat penting karena dapat mempengaruhi sikap suami dalam pendampingan persalinan. Berdasarkan hasil studi pendahuluan yang dilakukan di Puskesmas Sepinggán didapatkan jumlah persalinan normal pada bulan Agustus 2023 sebanyak 35 orang. Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan dan sikap suami dengan pendampingan persalinan di Puskesmas Sepinggán.

Metode: Jenis penelitian menggunakan penelitian kuantitatif dengan desain penelitian deskriptif korelasional dengan pendekatan *cross sectional*. Populasi penelitian adalah seluruh suami ibu yang bersalin di Puskesmas Sepinggán dan teknik pengambilan sampel menggunakan *accidental sampling* sebanyak 35 orang. Pengumpulan data menggunakan lembar kuesioner. Analisis data adalah univariat dan analisis bivariat menggunakan uji *chi square* (χ^2).

Hasil: Gambaran pengetahuan suami tentang pendamping persalinan di Puskesmas Sepinggán dengan kategori baik yaitu 27 orang (77,1%), kategori cukup yaitu 6 orang (17,2%) dan kategori kurang yaitu 2 orang (5,7%). Gambaran sikap suami tentang pendamping persalinan di Puskesmas Sepinggán dengan kategori positif yaitu 27 orang (77,1%) dan kategori negatif yaitu 8 orang (22,9%). Gambaran pendampingan persalinan di Puskesmas Sepinggán dengan kategori baik yaitu 26 orang (74,3%) dan kategori kurang yaitu 9 orang (25,7%). Hasil uji statistik *chi square* (χ^2) diperoleh $p\text{ value} < \alpha$ (0,05) menunjukkan bahwa H_a diterima.

Simpulan: Terdapat hubungan antara pengetahuan dan sikap suami dengan pendampingan persalinan di Puskesmas Sepinggán.

Kata Kunci: Pengetahuan, Sikap, Pendampingan Persalinan.

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**THE RELATIONSHIP BETWEEN HUSBANDS' KNOWLEDGE AND
ATTITUDES AND BIRTH ASSISTANCE AT THE SEPINGGAN
COMMUNITY HEALTH CENTRE**

ABSTRACT

Background: *The husband's accompanying actions are influenced by the level of knowledge that carrying out good birth assistance actions can provide a sense of comfort to the wife during the birth period. With someone accompanying the wife, the wife will be more confident in facing the birth process. The husband's knowledge about childbirth is also very important because it can influence the husband's attitude towards childbirth. Based on the results of a preliminary study conducted at the Sepinggan Community Health Centre, it was found that the number of normal births in August 2023 was 35. This research aims to determine the relationship between husbands' knowledge and attitudes and birth assistance at the Sepinggan Community Health Centre.*

Method: *This type of research uses quantitative research with a descriptive correlational research design with a cross-sectional approach. The research population was all husbands of mothers who gave birth at the Sepinggan Community Health Centre, and the sampling technique used was accidental sampling of 35 people. Data collection uses a questionnaire sheet. Data analysis is univariate, and bivariate analysis uses the chi square test (χ^2).*

Results: *description of husband's knowledge about childbirth at the Sepinggan Community Health Centre in the good category, namely 27 people (77.1%), in the sufficient category, namely 6 people (17.2%), and in the poor category, namely 2 people (5.7%). The description of husbands' attitudes regarding childbirth at the Sepinggan Community Health Centre was in the positive category, namely 27 people (77.1%), and the negative category, namely 8 people (22.9%). Description of delivery assistance at the Sepinggan Community Health Centre in the good category, namely 26 people (74.3%) and in the poor category, namely 9 people (25.7%). The results of the chi square statistical test (χ^2) obtained a p value $< \alpha$ (0.05), indicating that H_a was accepted.*

Conclusion: *There is a relationship between the husband's knowledge and attitude and birth assistance at the Sepinggan Community Health Centre.*

Keywords: *Knowledge, Attitude, Birth Assistance.*