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**Gambaran Pelaksanaan Program Penyakit Kronis (Prolanis) di Puskesmas  
Mendawai Tahun 2023**

**ABSTRAK**

**Latar belakang:** Program Pengelolaan Penyakit Kronis (Prolanis) merupakan suatu sistem pelayanan kesehatan dan pendekatan proaktif yang dilaksanakan secara terintegrasi yang melibatkan peserta, fasilitas kesehatan dan BPJS Kesehatan dalam rangka pemeliharaan kesehatan. Kepatuhan peserta prolanis yang ada di Puskesmas Mendawai tahun 2023 ini berdasarkan data yang ada masih dibawah rerata yaitu 72%, sementara kualitas hidup optimal dari Prolanis berada di 75%. Penelitian ini bertujuan untuk mengetahui gambaran Pelaksanaan Program Pengelolaan Penyakit Kronis (Prolanis) di Puskesmas Mendawai tahun 2023.

**Metode:** Penelitian ini menggunakan metode deskriptif kuantitatif. Populasi dan sampel yang digunakan sama yaitu sejumlah 71 responden.

**Hasil:** Hasil penelitian ini yaitu gambaran aktivitas prolanis konsultasi medis Puskesmas Mendawai menunjukkan bahwa 46 responden (85,2%) menyatakan aktivitas konsultasi medis dilakukan, 46 responden (85,2%) menyatakan aktivitas edukasi dilakukan, 40 responden (74,1%) menyatakan aktivitas *SMS Reminder* dilakukan, 31 responden (57,4%) menyatakan aktivitas *Home Visit* dilakukan. Sehingga disimpulkan bahwa gambaran aktivitas Prolanis Puskesmas Mendawai didapatkan bahwa 41 responden menyatakan efektif (76%), dan 13 responden menyatakan tidak efektif (24%). Disarankan untuk lebih meningkatkan aktivitas Prolanis, terutama di bagian edukasi, *reminder*, dan *home visit*. Disarankan pula, untuk mengikuti perkembangan teknologi agar lebih memudahkan dalam pelaksanaan Prolanis.

**Kata kunci:** Prolanis, Capaian Kinerja, Puskesmas

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**Overview of the Implementation of the Chronic Disease Program (Prolanis)  
at the Mendawai Community Health Center in 2023**

**ABSTRACT**

**Background:** The Chronic Disease Management Program (Prolanis) is a health service system and proactive approach that is implemented in an integrated manner involving participants, health facilities and BPJS Health in the context of health maintenance. Compliance with Prolanis participants at the Mendawai Community Health Center in 2023, based on existing data, is still below the average, namely 72%, while the optimal quality of life from Prolanis is at 75%. This research aims to find out an overview of the implementation of the Chronic Disease Management Program (Prolanis) at the Mendawai Community Health Center in 2023.

**Method:** This research uses quantitative descriptive methods. The population and sample used were the same, namely 71 respondents.

**Results:** The results of this study, namely a description of the medical consultation activities of the Mendawai Community Health Center, show that 46 respondents (85.2%) stated that medical consultation activities were carried out, 46 respondents (85.2%) stated that educational activities were carried out, 40 respondents (74.1%) stated that the SMS Reminder activity was carried out, 31 respondents (57.4%) stated that the Home Visit activity was carried out. So it was concluded that the description of the Prolanis activities of the Mendawai Community Health Center showed that 41 respondents said they were effective (76%), and 13 respondents said they were not effective (24%). It is recommended to further increase Prolanis activities, especially in the education, reminder and home visit sections. It is also recommended to follow technological developments to make it easier to implement Prolanis.

**Keywords:** Prolanis, Performance Achievement, Community Health Center