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GAMBARAN TINGKAT PENGETAHUAN PASANGAN USIA SUBUR TENTANG KB IUD DI PUSKESMAS KAMPUNG BIDUK

ABSTRAK

Latar Belakang: IUD (*Intra Uterin Device*) adalah alat kontrasepsi yang ditempatkan di dalam rahim yang berjangka panjang dapat sampai 10 tahun dan dapat dipakai oleh semua usia perempuan usia reproduksi. Salah satu faktor yang mempengaruhi pemakaian KB IUD adalah pengetahuan. Berdasarkan hasil studi pendahuluan yang dilakukan di Puskesmas Kampung Biduk didapatkan jumlah wanita usia subur (WUS) pada tahun 2022 di RT 01-04 sebanyak 448 orang dan akseptor KB IUD sebanyak 7 orang. Sedangkan jumlah wanita usia subur (WUS) pada tahun 2023 di RT 01-04 sebanyak 450 orang dan akseptor KB IUD sebanyak 7 orang. Hasil wawancara menemukan pasangan usia subur yang kurang mengerti tentang KB IUD. Penelitian ini bertujuan untuk mengetahui gambaran tingkat pengetahuan pasangan usia subur tentang KB IUD di Puskesmas Kampung Biduk.

Metode: Jenis penelitian yang digunakan adalah penelitian kuantitatif dengan desain penelitian deskriptif. Populasi penelitian adalah seluruh pasangan usia subur di Puskesmas Kampung Biduk sebanyak 450 orang dengan teknik *purposive sampling* diperoleh 82 orang. Pengumpulan data menggunakan lembar kuesioner adopsi. Analisis data adalah analisis univariat menggunakan distribusi frekuensi persentase.

Hasil: Analisis univariat menunjukkan bahwa gambaran tingkat pengetahuan pasangan usia subur tentang KB IUD di Puskesmas Kampung Biduk dengan kategori baik yaitu 18 orang (22%), kategori cukup yaitu 56 orang (68,3%) dan kategori kurang yaitu 8 orang (9,7%).

Simpulan: Dari penelitian ini dapat ditarik kesimpulan bahwa mayoritas responden memiliki pengetahuan yang cukup tentang KB IUD, diharapkan pihak puskesmas memberikan penyuluhan tentang KB IUD secara berkelanjutan sehingga meningkatkan pengetahuan psangan usia subur tentang KB IUD.

Kata Kunci: Pengetahuan, KB IUD

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**THE LEVEL OF KNOWLEDGE OF COUPLES OF CHILDBEARING AGE
ABOUT IUD CONTRACEPTION AT THE KAMPUNG BIDUK
COMMUNITY HEALTH CENTRE**

ABSTRACT

Background: An IUD (intrauterine device) is a long-term contraceptive device placed in the uterus that can last up to 10 years and can be used by all women of reproductive age. The IUD prevents sperm cells from meeting with egg cells so that pregnancy does not occur. One of the factors that influences the use of IUD contraception is knowledge. Based on the results of a preliminary study conducted at the Kampung Biduk Community Health Centre, it was found that the number of women of childbearing age (WUS) in 2022 in RT 01-04 was 448 people, and IUD family planning acceptors were 7 people. Meanwhile, the number of women of childbearing age (WUS) in 2023 in RT 01–04 will be 450, and IUD family planning acceptors will be 7 people. This study aims to determine the level of knowledge of couples of childbearing age about IUD contraception at the Kampung Biduk Community Health Centre.

Method: The type of research used is quantitative research with a descriptive research design. The research population was all couples of childbearing age at the Kampung Biduk Community Health Center, totaling 450 people. Using a purposive sampling technique, 82 people were obtained. Data collection uses a questionnaire sheet. Data analysis is a univariate analysis using a percentage frequency distribution.

Results: Univariate analysis shows that the description of the level of knowledge of couples of childbearing age about IUD contraception at the Kampung Biduk Community Health Centre is in the good category, namely 18 people (22%), in the sufficient category, namely 56 people (68.3%), and in the poor category, namely 8 people (9,7%)

Simpulan: From this research, it can be concluded that the majority of respondents have sufficient knowledge about IUD family planning. It is hoped that the community health center will provide education about IUD family planning on an ongoing basis so as to increase the knowledge of couples of childbearing age about IUD family planning.

Keywords: Knowledge, IUD Contraception.