

ABSTRAK

GAMBARAN PERILAKU CARING PERAWAT KEPADA PASIEN DI RS RESTU IBU BALIKPAPAN

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Latar belakang: Perilaku caring merupakan bentuk dukungan emosional perawat dalam memberikan asuhan keperawatan yang merupakan komitmen moral untuk melindungi, meningkatkan martabat manusia, dan merupakan inti dari keperawatan yang membedakan perawat dengan profesi lain. Perilaku caring dapat memberikan rasa aman, nyaman, sehingga mempercepat penyembuhan pasien.

Tujuan Penelitian: Mengidentifikasi gambaran perilaku caring perawat kepada pasiensi di RS Restu Ibu Balikpapan. **Metode Penelitian:** Penelitian deskriptif dengan pendekatan crossectional pada 109 pasien rawat inap dewasa minimal 2 hari perawatan dan berusia 17 tahun yang diambil dengan teknik sampling stratified random sampling serta Instrumen menggunakan kuesioner. **Hasil:** Responden dengan jenis kelamin perempuan sebanyak (63.3%), berdasarkan tingkat pendidikan mayoritas adalah berpendidikan Sekolah Menengah Atas yaitu 80.7%. Rerata umur responden adalah 37.71 tahun dengan rentang umur 23-46 tahun dan rerata lama rawat pasien saat diambil data adalah 2.90 hari dengan rentang 1-4 hari. perilaku caring perawat tinggi 97.2% dan perilaku caring perawat rendah 2.8%. Sub-variabel perilaku caring afektif tinggi (98.2%) dan rendah (1.8%) ; Sub variabel perilaku caring instrumen tinggi yaitu (97.2%) dan rendah (2.8%). **Kesimpulan:** Perilaku caring perawat didapatkan tinggi, namun masih terdapat yang mempunyai perilaku caring rendah sehingga perlu terus ditingkatkan untuk memberikan asuhan keperawatan prima kepada pasien.

Kata Kunci: Perilaku caring, Perawat, Rawat Inap

ABSTRACT

OVERVIEW OF NURSES' CARING BEHAVIOR TOWARDS PATIENTS AT RESTU IBU HOSPITAL BALIKPAPAN

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Background: Caring behavior is a form of emotional support for nurses in providing nursing care which is a moral commitment to protect, enhance human dignity, and is the core of nursing that differentiates nursing from other professions. Caring behavior can provide a sense of security and comfort, thereby speeding up patient healing. **Objective:** To identify a description of nurses' caring behavior towards patients at Restu Ibu Balikpapan Hospital. **Method:** Descriptive research with a cross-sectional approach on 109 adult inpatients with at least 2 days of treatment and aged 17 years taken using a stratified random sampling technique and instruments using a questionnaire. **Results:** Respondents with female gender were (63.3%), based on education level, the majority were high school educated, namely 80.7%. The average age of respondents was 37.71 years with an age range of 23-46 years and the average length of stay for patients when data was collected was 2.90 days with a range of 1-4 days. nurses' caring behavior was high at 97.2% and nurses' caring behavior was low at 2.8%. High (98.2%) and low (1.8%) affective caring behavior sub-variables; The instrument's caring behavior sub-variables are high (97.2%) and low (2.8%). **Conclusion:** Nurses' caring behavior was found to be high, but there are still those who have low caring behavior so it needs to continue to be improved to provide excellent nursing care to patients.

Keywords: Caring behavior, Nurse, Inpatie