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*Overview of Hypertension Patients' Compliance with Taking Antihypertensive Medications in the Internal Medicine Polyclinic of Lamandau District Hospital*

**ABSTRACT**

**Background:** From the prevalence of hypertension of 34.1%, it is known that 8.8% are diagnosed with hypertension and 54.4% of people diagnosed with hypertension regularly take medication, 32.3% do not regularly take medication and 13.3% do not take medication. According to the Ministry of Health in 2021, around 60% of patients who had been prescribed antihypertensive medication by doctors did not take the medication as recommended. Adherence to treatment for hypertension sufferers is important because hypertension is a disease that cannot be cured but must always be controlled or controlled so that complications do not occur which can lead to death.

**Objective:** This study aims to determine the adherence of hypertensive patients to taking antihypertensive medication at the Internal Medicine Polyclinic at Lamandau District Hospital.

**Method:** The research design used is quantitative research with a descriptive approach. The population is an average of 198 hypertensive patients who visited Lamandau District Hospital. The sample used was 66 respondents using a purposive sampling technique.

**Results:** The results of this study showed that compliance with taking medication for outpatient hypertension patients at the Internal Medicine Polyclinic at Lamandau District Hospital was highest in the moderate compliance category at 47 patients (71.2%). The most influencing factors are age, gender, education and marital status.

**Suggestion:** It is recommended that hypertensive patients, especially those at Lamandau District Hospital, increase their understanding of how important compliance with taking antihypertensive medication is in improving their quality of life. It is also recommended that the general public be able to better protect themselves from hypertension, including its symptoms.

**Keywords:** Hypertension, Medication Compliance