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HUBUNGAN TINGKAT PENDIDIKAN DENGAN PENGETAHUAN CALON PENGANTIN TENTANG PERSIAPAN KEHAMILAN PERTAMA DI PUSKESMAS KLANDASAN ILIR

ABSTRAK

Latar Belakang: Salah satu upaya pemerintah untuk menurunkan angka kematian ibu dan bayi yaitu pelayanan kesehatan masa sebelum hamil. Perawatan prakonsepsi bertujuan untuk meningkatkan kesehatan prakonsepsi di antaranya yaitu meningkatkan pengetahuan, sikap, dan perilaku yang berhubungan dengan kesehatan prakonsepsi. Berdasarkan hasil studi pendahuluan yang dilakukan di Puskesmas Klandasan Ilir didapatkan jumlah calon pengantin pada tahun 2022 sebanyak 137 pasangan dan jumlah calon pengantin periode Januari-Juni sebanyak 53 pasangan. Penelitian ini bertujuan untuk mengetahui hubungan tingkat pendidikan dengan pengetahuan calon pengantin tentang persiapan kehamilan pertama di Puskesmas Klandasan Ilir.

Metode: Jenis penelitian menggunakan penelitian kuantitatif dengan desain penelitian deskriptif korelasional dengan pendekatan *cross sectional*. Populasi penelitian adalah calon pengantin perempuan di Wilayah Kerja Puskesmas Klandasan Ilir dan teknik pengambilan sampel menggunakan *total sampling* sebanyak 53 orang. Pengumpulan data menggunakan lembar kuesioner. Analisis data adalah analisis univariat dan analisis bivariat menggunakan uji *chi square* (χ^2).

Hasil: Gambaran tingkat pendidikan calon pengantin di Puskesmas Klandasan Ilir dengan kategori pendidikan dasar yaitu 8 orang (15,1%), kategori pendidikan menengah yaitu 38 orang (71,7%) dan kategori pendidikan tinggi yaitu 7 orang (13,2%). Gambaran pengetahuan calon pengantin tentang persiapan kehamilan pertama di Puskesmas Klandasan Ilir dengan kategori baik yaitu 9 orang (17,0%), kategori cukup yaitu 41 orang (77,4%) dan kategori kurang yaitu 3 orang (5,6%). Hasil uji statistik *chi square* (χ^2) diperoleh p value ($0,000 < \alpha$ (0,05) menunjukkan bahwa H_0 diterima.

Simpulan: Terdapat hubungan antara tingkat pendidikan dengan pengetahuan calon pengantin tentang persiapan kehamilan pertama di Puskesmas Klandasan Ilir.

Kata Kunci: Tingkat Pendidikan, Pengetahuan, Calon Pengantin.

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THE RELATIONSHIP BETWEEN THE LEVEL OF EDUCATION AND THE BRIDE AND GROOM'S KNOWLEDGE ABOUT PREPARING FOR THEIR FIRST PREGNANCY AT THE KLANDASAN ILIR HEALTH CENTRE

ABSTRACT

Background: One of the government's efforts to reduce maternal and infant mortality is to provide health services before pregnancy. Preconception care aims to improve preconception health, including increasing knowledge, attitudes, and behaviours related to preconception health. Based on the results of a preliminary study conducted at the Klandasan Ilir Community Health Centre, it was found that the number of prospective brides and grooms in 2022 was 137 couples, and the number of prospective brides and grooms for the January-June period was 53 couples. This research aims to determine the relationship between the level of education and the bride and groom's knowledge about preparing for their first pregnancy at the Klandasan Ilir Health Centre.

Method: This type of research uses quantitative research with a descriptive correlational research design with a cross-sectional approach. The research population was prospective brides and grooms in the Klandasan Ilir Community Health Centre Working Area, and the sampling technique used was a total sampling of 53 people. Data collection uses questionnaire sheets. Data analysis includes univariate analysis and bivariate analysis using the chi square test (χ^2).

Results: Description of the education level of prospective brides and grooms at the Klandasan Ilir Community Health Centre with the basic education category, namely 8 people (15.1%), the secondary education category, namely 38 people (71.7%), and the education category, namely 7 people (13.2%). An overview of the prospective bride and groom's knowledge about preparing for their first pregnancy at the Klandasan Ilir Community Health Centre is in the good category, namely 9 people (17.0%), in the sufficient category, namely 41 people (77.4%), and in the poor category, namely 3 people (5.6%). The results of the chi square statistical test (χ^2) obtained a p value ($0.000 < \alpha (0.05)$), indicating that H_a was accepted.

Conclusion: There is a relationship between the level of education and the bride and groom's knowledge about preparing for their first pregnancy at the Klandasan Ilir Health Centre.

Keywords: Level of Education, Knowledge, Bride and Groom's.