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**Gambaran Kualitas Hidup Pasien Kemoterapi
di Rumah Sakit Ken Saras**

ABSTRAK

Latar Belakang. Kanker adalah penyakit tidak menular yaitu karena bertumbuhnya sel abnormal yang tidak terkendali di dalam tubuh dan merupakan penyakit mematikan ke 2 setelah jantung dan stroke. salah satu pengobatan kanker yaitu kemoterapi merupakan obat sitotoksik yang dimasukkan ke dalam tubuh pasien melalui intravena ataupun oral yang memiliki efek samping seperti mual, muntah, nafsu makan menurun, rambut rontok, diare, pendarahan, lemas sehingga mempengaruhi kualitas hidup pasien dan fungsionalnya.

Tujuan. Mengetahui gambaran kualitas hidup pasien kemoterapi di Rumah Sakit Ken Saras sehingga dapat memberikan perawatan yang tepat..

Metode. Desain penelitian adalah kuantitatif dengan metode deskriptif analitik dan pengambilan sampling menggunakan purposive dengan mempertimbangkan syarat inklusi dan eksklusi, didapatkan sample 62 responden.

Hasil. Hasil penelitian pada 62 responden didapatkan kualitas hidup domain fisik dengan katagori sedang 31 orang (50%), pada domain psikologi terdapat 2 orang (3,2%) pada katagori sangat baik dan paling banyak ada 29 orang (46,8%) pada katagori sedang. Pada domain sosial katagori buruk 2 orang (3,2%) dan sedang 29 orang (46,8%). Domain hubungan lingkungan paling sedikit pada katagori sangat buruk dan buruk yaitu masing – masing 1 orang (1,6%) dan 30 orang (48,4%) katagori baik.

Kesimpulan. Kualitas hidup pasien kemoterapi di Rumah Sakit Ken Saras yaitu buruk dan baik masing – masing 1 orang (1,6%), cukup baik 28 orang (45,2%) serta cukup buruk (51,6%).

Saran. Dengan hasil penelitian ini diharapkan perawat dapat memberikan asuhan yang terbaik bagi para pasien yang menjalankan program pengobatan kemoterapi.

Kata kunci : kanker. Kemoterapi, kualitas hidup.

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**Description of the Quality of Life of Chemotherapy Patients
at Ken Saras Hospital**

ABSTRACT

Background. *Cancer is a non-communicable disease that is caused by the uncontrolled growth of abnormal cells in the body and is the second deadliest disease after heart disease and stroke. One of the cancer treatments, namely chemotherapy, is a cytotoxic drug that is administered into the patient's body intravenously or orally, which has side effects such as nausea, vomiting, decreased appetite, hair loss, diarrhea, bleeding, weakness, thus affecting the patient's quality of life and function.*

Objective. *Therefore, researchers want to know a picture of the quality of life of chemotherapy patients at Ken Saras Hospital so they can provide appropriate treatment.*

Method. *Method. The research design was quantitative with analytical descriptive methods and sampling using purposive taking into account inclusion and exclusion requirements, obtaining a sample of 62 respondents.*

questionnaires. *The results of research on 62 respondents showed that the quality of life in the physical domain was in the moderate category, 31 people (50%), in the psychological domain there were 2 people (3.2%) in the very good category and at most there were 29 people (46.8%) in the category moderate. In the social domain, 2 people (3.2%) were in the bad category and 29 people (46.8%) were moderate. The environmental relations domain is the least in the very bad and bad categories, namely 1 person (1.6%) and 30 people (48.4%) respectively in the good category.*

Conclusion. *The quality of life of chemotherapy patients at Ken Saras Hospital was bad and good for 1 person (1.6%), quite good for 28 people (45.2%) and quite bad (51.6%).* **Suggestion.** *With the results of this research, it is hoped that nurses can provide the best care for patients undergoing chemotherapy treatment programs.*

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Keywords: *cancer. Chemotherapy, quality of life.*