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ABSTRAK

GAMBARAN TINGKAT KESEPIAN LANSIA DI DUSUN SODONG DESA GENTING KECAMATAN JAMBU KABUPATEN SEMARANG

30 halaman + 3 tabel + 1 gambar + 9 lampiran + xvi

Latar Belakang : Lansia merupakan salah satu proses berkesinambungan kehidupan manusia, Proses menua berdampak pada bio,psio, sosio, kultural, spiritual. Secara psikososial terjadi masalah secara komprehensif, lansia membutuhkan perawatan yang didukung keluarga. Lansia merasa tinggal di rumah tetapi keluarganya sibuk bekerja walaupun setiap hari bertemu tetapi masih memiliki rasa kesepian. Tujuan Penelitian ini adalah untuk melihat Gambaran Tingkat Kesepian pada Lansia di Dusun Sodong Desa Genting Kecamatan Jambu Kabupaten Semarang.

Metode : 2097/PERPUSUNW/2023. Penelitian ini merupakan jenis penelitian kuantitatif dengan desain *cross sectional*. Pengumpulan data dilakukan dengan kuisioner UCLA. Jumlah responden sebanyak 110 orang dengan teknik total sampling. Data yang diperoleh diolah secara sistematis menjadi tabel frekuensi.

Hasil : Sebagian besar lansia yang mengalami tingkat kesepian rendah sebanyak 52 orang dengan frekuensi 47,3%, kesepian sedang sebanyak 55 dengan frekuensi 50%, dan kesepian berat sebanyak 3 orang dengan frekuensi 2,7%.

Simpulan : Gambaran Tingkat kesepian lansia di sodong yaitu mayoritas memiliki tingkat kesepian sedang.

Kata Kunci : Tingkat Kesepian, Lansia, Loneliness

Daftar Pustaka : 23 (2017-2021)

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ABSTRACT

**DESCRIPTION OF LEVELS LONELINESS AMONG ELDERLY IN SODONG
HAMLET, GENTING VILLAGE, JAMBU DISTRICT, SEMARANG REGENCY**

30 pages + 3 table + 1 picture + 9 appendices + xvi

Background: *Elderly is one of the continuous processes of human life. The aging process has an impact on bio, psychological, socio, cultural, spiritual. Psychosocial problems occur comprehensively, the elderly need care that is supported by the family. The elderly feel at home but their families are busy working even though they meet every day but they still feel lonely. The purpose of this study was to see an overview of the level of loneliness in the elderly in Sodong Hamlet, Genting Village, Jambu District, Semarang Regency.*

Method: *2097/PERPUSUNW/2023. This research is a type of quantitative research with a cross sectional design. Data collection was carried out using the UCLA questionnaire. The number of respondents was 110 people with total sampling technique. The data obtained is processed systematically into a frequency table*

Results: *Most of the elderly experienced low loneliness and a small number experienced severe loneliness, this was possible because the environment was already conducive for the elderly to go about their days.*

Conclusion: *Description The level of loneliness of the elderly in Sodong is that the majority have a moderate level of loneliness*

Keywords : *Elderly, Loneliness*

Bibliography : *23 (2017-2021)*