

Universitas Ngudi Waluyo Ungaran
Program Studi Keperawatan
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“Pengaruh Terapi Musik terhadap Nyeri Kanker Serviks di RSUD dr. Moewardi Surakarta”.

ABSTRAK

Latar Belakang : Kanker merupakan penyakit sebagai akibat sel tubuh yang tumbuh dan berkembang abnormal dan sangat liar sehingga menimbulkan keluhan diantaranya nyeri. Terapi musik bermanfaat untuk *symptom management* yang dapat mengurangi nyeri.

Tujuan : Mengetahui pengaruh terapi musik terhadap nyeri kanker serviks di RSUD dr. Moewardi Surakarta.

Metode : Desain penelitian ini *quasi experiment* yang berbentuk *non equivalent control group design* dengan jumlah sampel 34 pasien menggunakan metode *purposive sampling*. Alat pengambilan data menggunakan kuesioner *Brief pain inventory pain* (BPI). Analisis data menggunakan program SPSS versi 23.0. Analisis bivariat menggunakan *independent t test*.

Hasil : Pasien kanker serviks pada kelompok kontrol sebelum penelitian mempunyai nyeri kanker sebagian besar kategori ringan (58,8%), sedangkan sesudah penelitian kategori ringan (64,7%). Pasien kanker serviks pada kelompok intervensi sebelum diberikan terapi musik mempunyai nyeri kanker sebagian besar kategori ringan (58,8%), sesudah terapi musik sebagian besar kategori ringan (82,4%). Tidak ada perbedaan secara bermakna nyeri kanker pasien kanker serviks pada kelompok kontrol sebelum dan sesudah penelitian, dengan *p-value* sebesar $0,148 > \alpha (0,05)$. Ada perbedaan secara bermakna nyeri kanker pasien kanker serviks pada kelompok intervensi sebelum dan sesudah diberikan terapi musik, dengan *p-value* sebesar $0,000 < \alpha (0,05)$. Ada pengaruh yang bermakna terapi musik terhadap nyeri kanker pada pasien kanker serviks di RSUD Dr. Moewardi Surakarta, dengan *p-value* sebesar 0,043, lebih kecil dari $\alpha (0,05)$.

Simpulan : Ada pengaruh terapi musik terhadap nyeri kanker serviks di RSUD dr. Moewardi Surakarta

Kata Kunci : Terapi Musik, Nyeri Kanker Serviks

Kepustakaan : 35 (2013-2022)

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"The Effect of Music Therapy toward Cervical Cancer Pain at Dr. Moewardi Regional Hospital Surakarta.

ABSTRACT

Background: Cancer is a disease as a result of body cells that grow and develop abnormally and wildly, causing complaints including pain. Music therapy is useful for managing symptoms which can reduce pain.

Objective: To determine the effect of music therapy toward cervical cancer pain at dr. Moewardi regional hospital at Surakarta.

Methods: The research design was a quasi experiment in the form of a non-equivalent control group design with the samples of 34 patients using purposive sampling method. The data collection tool used a Brief Pain Inventory Pain Questionnaire (BPI). Data analysis used SPSS version 23.0. Bivariate analysis used independent t test.

Results: Cervical cancer patients in the control group before the study mostly had mild cancer pain (58.8%), whereas after the study it was in the mild category (64.7%). Cervical cancer patients in the intervention group before being given music therapy mostly had mild cancer pain (58.8%), after music therapy most were in the mild category (82.4%). There was no significant difference in cancer pain in cervical cancer patients in the control group before and after the study, with p-value of $0.148 > \alpha (0.05)$. There was a significant difference in cancer pain in cervical cancer patients in the intervention group before and after being given music therapy, with p-value of $0.000 < \alpha (0.05)$. There was a significant effect of music therapy toward cancer pain in cervical cancer patients at dr. Moewardi Surakarta regional hospital, with p-value of 0.043, less than $\alpha (0.05)$.

Conclusion: There is an effect of music therapy toward cervical cancer pain in dr. Moewardi regional hospital at Surakarta

Keywords : Music Therapy, Cervical Cancer Pain

Literatures : 35 (2013-2022)