

HUBUNGAN DUKUNGAN KELUARGA TERHADAP KUALITAS HIDUP PADA PENDERITA *SYSTEMIC LUPUS ERYTHEMATOSUS* DI KOMUNITAS ODAPUS PANGGON KUPU SEMARANG

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Abstrak

Latar Belakang : Penyakit *Systemic Lupus Erythematosus* merupakan penyakit yang diakibatkan oleh hormone dan lingkungan, pada penyait ini sering ditemukan permasalahan seperti gangguan fisik dan psikologis, gangguan fisik yang terjadi pada pasien *SLE* seperti halnya kelelahan fisik sangat mengganggu kualitas hidup pasien *SLE* sehingga berdasarkan permasalahan yang muncul, peneliti tertarik mengambil judul tersebut.

Tujuan : Untuk mengetahui hubungan Dukungan Keluarga Terhadap Kualitas Hidup Penderita *Systemic Lupus Erythematosus*

Metode : penelitian ini menggunakan desain kuantitatif dengan pendekatan *cross sectional*. Populasi sebanyak 149 dengan jumlah sampel 69 responden dengan menggunakan Teknik total sampling / sampling jenuh. Instrument yang digunakan adalah kuesioner dukungan keluarga dan kuesioner kualitas hidup WHOQoL BREF. Analisa bivariat menggunakan uji *kendall's tau-b*

Hasil : dukungan keluarga dengan hasil tinggi sejumlah 40 responden (58,0%) serta kualitas hidup dengan hasil cukup baik sejumlah 35 responden (50,7%). Hasil uji *kendall's tau – b* didapatkan hasil *p value* 0,016 yang berarti terdapat hubungan

dukungan keluarga terhadap kualitas hidup penderita *systemic lupus erythematosus*
Saran : diharapkan peneliti selanjutnya bisa mengembangkan dan melanjutkan penelitian mengenai hubungan dukungan keluarga terhadap kualitas hidup penderita *systemic lupus erythematosus*

Kata Kunci : Dukungan Keluarga, Kualitas Hidup Penderita *Systemic Lupus Erythematosus*

Literatur : 30 (2013 – 2023) 237 Kata

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**The Relationship Between Family Support and The Quality of Life of Patient
With Systemic Lupus Erythematosus In the Panggon Kupu Semarang
Community Odapus**

Abstrak

Background: *Systemic Lupus Erythematosus* is a disease caused by hormones and the environment, in this disease problems are often found such as physical and psychological disorders, physical disorders that occur in SLE patients such as physical fatigue which greatly interferes with the quality of life of SLE patients so based on the problems that arise, researchers interested in taking the title

Objective: To determine the relationship between family support and the quality of life of patient with systemic lupus erythematosus

Methods: This study used a quantitative design with a cross-sectional approach. The population was 149 respondents with a sample of 69 respondents using total sampling/saturated sampling technique. The instrument used was a questionnaire family support and WHOQOL quality of life. Bivariate analysis used Kendall's tau.

Results: family support in the good category is 40 respondents (50,8%), the quality of life of *SLE* sufferers is in the good enough category (50,7%). The results of the Kendall's tau test obtained a *p value* of 0.016 which means that there is a relationship between family support and the quality of life of patient with systemic lupus erythematosus

Suggestion : It is hoped that further researchers can develop and continue research on the relationship between family support and the quality of life of patient with systemic lupus erythematosus

Keywords: family support, Quality of life

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