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## Gambaran Pengetahuan Ibu Hamil Tentang Persiapan Persalinan Di Puskesmas Comoro Dili Timor-Leste

### ABSTRAK

**Latar belakang :** Pengetahuan ibu hamil tentang persiapan persalinan merupakan salah satu indikator yang sangat berarti dalam menurunkan AKI karena mengingat kematian ibu 90% terjadi pada saat persalinan. Berdasarkan laporan dari *Timor-Leste Demographic and Health Survey* pada tahun 2021 Penyebab AKI di Timor Leste yaitu disebabkan oleh perdarahan (20%), Hipertensi dalam kehamilan (12%), Abortus (13%), Partus lama (8%), Infeksi (15%). Hasil studi pendahuluan yang dilakukan peneliti di Wilayah Kerja Puskesmas Comoro Dili, Wawancara dilakukan kepada 10 ibu hamil trimester III dengan hasil wawancara didapatkan 6 orang (60%) yang belum mengetahui persiapan kebutuhan dalam persalinan diantaranya seperti ibu belum mengetahui tanggal perkiraan persalinan, mental ibu belum siap untuk menghadapi persalinan, ibu belum menyiapkan kendaraan jika sewaktu-waktu diperlukan, dan pakaian untuk bayinya.

**Metode :** Penelitian ini menggunakan deskriptif kuantitatif dengan desain *cross sectional*, dan dilakukan untuk mengetahui gambaran tingkat pengetahuan ibu hamil tentang persiapan persalinan di Wilayah Kerja Puskesmas Comoro Dili Timor-Leste. Populasi dalam penelitian ini adalah ibu hamil di Wilayah Kerja Puskesmas Comoro Dili Timor-Leste pada Bulan November 2023 yang berjumlah 124 orang. Teknik sampling dilakukan dengan metode *purposive sampling*, dengan rumus slovin dan didapatkan sampel sebanyak 55 responden. Analisis data dalam penelitian ini menggunakan analisis univariat.

**Hasil :** didapatkan hasil analisis distribusi frekuensi pengetahuan ibu hamil terkait persiapan persalinan di Puskesmas Comoro Dili Timor-Leste, didapatkan bahwa pengetahuan responden terkait persiapan persalinan terbanyak yaitu pada kategori cukup dengan jumlah 22 responden dengan persentase 40,0% dari 55 responden. pada kategori baik sebanyak 18 responden dengan persentase 32,7%. Serta pada kategori kurang sebanyak 15 responden dengan persentase 27,3%.

**Simpulan :** gambaran pengetahuan ibu hamil terkait persiapan persalinan di Wilayah Kerja Puskesmas Comoro Dili Timor-Leste berada pada kategori cukup.

**Kata kunci :** Pengetahuan, Persiapan Persalinan, Ibu hamil,

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## Overview of Pregnant Women's Knowledge about Preparation for Childbirth at the Comoro Health Center, Dili, Timor-Leste

### ABSTRACT

**Background:** Knowledge of pregnant women about preparation for childbirth is one indicator that is very meaningful in reducing MMR because considering that 90% of maternal deaths occur during labor. Based on a report from the Timor-Leste Demographic and Heath Survey in 2021, caused by bleeding (20%), hypertension in pregnancy (12%), abortion (13%), old partus (8%), infection (15%). The results of a preliminary study conducted by researchers in the Working Area of the Comoro Dili Health Center, interviews were conducted to 10 third trimester pregnant women with the results of interviews obtained by 6 people (60%) who did not know the preparation needs in childbirth did not know the estimated date of delivery, mothers had not prepared a vehicle if at any time needed, and clothes for the baby. **Method:** This study used quantitative descriptive with a cross sectional design, and was conducted to determine the level of knowledge of pregnant women about childbirth preparation in the Working Area of the Comoro Dili Health Center Timor-Leste. The population in this study is pregnant women in the Working Area of the Comoro Dili Health Center, Timor-Leste, in November 2023, totaling 124 people. The sampling technique was carried out by purposive sampling method, with the slovin formula and obtained a sample of 55 respondents. Data analysis in this study used univariate analysis.

**Results:** the results of the analysis of the frequency distribution of knowledge of pregnant women related to childbirth preparation at the Comoro Dili Timor-Leste Health Center, it was found that the most respondents' knowledge related to childbirth preparation was in the sufficient category with a total of 22 respondents with a percentage of 40.0% of 55 respondents. In the good category, there were 18 respondents with a percentage of 32.7%. And in the category of less as many as 15 respondents with a percentage of 27.3%.

**Conclusion:** the description of knowledge of pregnant women related to childbirth preparation in the Working Area of the Comoro Dili Health Center Timor-Leste is in the sufficient category.

**Keywords:** Knowledge, Preparation for Childbirth, Pregnant Women