

Universitas Ngudi Waluyo
Kebidanan Program Sarjana Fakultas Kesehatan
Skripsi, Januari 2024
Runiatin
152221037

HUBUNGAN TINGKAT PENGETAHUAN IBU TENTANG POSYANDU DENGAN KEPATUHAN IBU MENGIKUTI POSYANDU DI DESA WAWORAHA

ABSTRAK

Latar Belakang : Pos Pelayanan Terpadu (Posyandu) merupakan salah satu bentuk Upaya Kesehatan Bersumberdaya Masyarakat (UKBM) yang dikelola dari, oleh dan untuk masyarakat dengan dukungan teknis dari petugas kesehatan. Salah satu kendala yang dihadapi terkait dengan kunjungan balita ke posyandu adalah tingkat pemahaman keluarga terhadap manfaat posyandu. Hal tersebut berpengaruh pada kepatuhan ibu dalam mengunjungi posyandu. Tingkat partisipasi masyarakat ke Posyandu di Desa Woworaha tahun 2022 menjadi yang terendah berada di wilayah Puskesmas Lasoolo sebesar 56%.

Tujuan penelitian : Untuk mengetahui hubungan antara pengetahuan ibu tentang posyandu terhadap kepatuhan mengikuti posyandu di Desa Waworaha.

Metode penelitian : Penelitian ini menggunakan desain analitik korelasi dengan pendekatan *cross sectional*. Populasi penelitian ini adalah seluruh ibu yang memiliki balita usia 1-5 tahun di Desa Woworaha sebanyak 95 orang. Teknik sampel menggunakan *quota sampling* dengan jumlah 49 responden. Analisis data menggunakan uji *Chi Square*.

Hasil penelitian : Sebagian responden memiliki tingkat pengetahuan cukup sebanyak 25 responden (51%) dan responden yang patuh mengikuti posyandu sebesar 30 responden (61,2%). Diperoleh *p value* sebesar $0,000 < \alpha (0,05)$, maka hasilnya ada hubungan antara pengetahuan ibu tentang posyandu terhadap kepatuhan mengikuti posyandu.

Simpulan : Ada hubungan antara pengetahuan ibu tentang posyandu terhadap kepatuhan mengikuti posyandu di Desa Waworaha. Hasil penelitian menjadi dasar pemahaman pengetahuan dan informasi mengenai pentingnya untuk patuh dalam kegiatan rutin posyandu.

Kata kunci : Tingkat pengetahuan, Posyandu, Kepatuhan Ibu

Ngudi Waluyo University
Midwifery Undergraduate Program, Faculty of Health
Thesis, January 2024
Runiatin
152221037

THE RELATIONSHIP OF THE LEVEL OF MOTHER'S KNOWLEDGE ABOUT POSYANDU WITH THE MOTHER'S COMPLIANCE IN FOLLOWING POSYANDU IN WAWORAHA VILLAGE

ABSTRACT

Background: Integrated Service Post (Posyandu) is a form of Community Resource Health Effort (UKBM) which is managed from, by and for the community with technical support from health workers. One of the obstacles faced regarding toddlers' visits to posyandu is the level of family understanding of the benefits of posyandu. This influences the mother's activeness in visiting the posyandu. The level of community participation in the Posyandu in Woworaha Village in 2022 will be the lowest in the Lasoolo Community Health Center area at 56%.

Research purposes: To find out about relationships between mother's knowledge about posyandu and compliance with posyandu in Woworaha Village.

Research methods: This research uses a correlation analytical design with a cross sectional approach. The population of this study was all mothers who had toddlers aged 1-5 years in Woworaha Village, totaling 95 people. The sampling technique used quota sampling with a total of 49 respondents. Data analysis used the Chi Square test.

Research result: Some respondents had a sufficient level of knowledge, 25 respondents (51%) and 30 respondents (61.2%) who complied with attending posyandu. Obtained a p value of $0.000 < \alpha (0.05)$, so the result is that there is a relationship between mother's knowledge about posyandu and compliance with posyandu.

Conclusion: There is the relationship between mother's knowledge about posyandu and compliance with posyandu in Woworaha Village. The results of the research become the basis for understanding knowledge and information regarding the importance of complying with routine posyandu activities.

Keywords: Level of knowledge, Posyandu, Mother's Compliance