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Skripsi, Desember 2023
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HUBUNGAN PERAN PETUGAS KESEHATAN DENGAN PERILAKU PERSONAL HYGIENE GENETALIA REMAJA PUTRI DI DESA POJOKSARI

ABSTRAK

Latar belakang : Remaja yang paling banyak mengalami gangguan kesehatan reproduksi seperti infeksi saluran reproduksi pada usia 12-18 tahun sekitar 35-42%. Perilaku remaja yang tidak baik adalah karena adanya keterbatasan pengetahuan tentang personal hygiene genitalia. Salah satu wadah yang dapat meningkatkan pengetahuan sehingga perilaku remaja putri akan menjadi baik ini adalah dengan adanya peran dari petugas tenaga kesehatan (bidan).

Tujuan penelitian : Untuk mengetahui hubungan peran petugas kesehatan dengan perilaku personal hygiene (genitalia) remaja putri di posyandu remaja Desa Pojoksari Tahun 2023.

Metode penelitian: Penelitian ini menggunakan *Analitik* dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah 257 responden. Sampel dalam penelitian ini 72 responden Teknik pengambilan sampel *propotionate random sampling*, alat pengumpulan data menggunakan kuesioner Uji analisis menggunakan uji *chi square* dengan $p < \alpha 0,05$.

Hasil : Didapatkan sebagian besar peran petugas kesehatan mendukung yaitu ada 40 orang (55,6%). Perilaku *personal hygiene* baik ada 36 orang (50,0%) dan Perilaku personal hygiene kurang ada 36 orang (50,0%). Diperoleh nilai $p \text{ value} = 0,155 > \alpha = 0,05$ sehingga tidak ada hubungan antara peran petugas kesehatan dengan perilaku *personal hygiene* (genitalia) remaja putri di Posyandu Remaja di Desa Pojoksari.

Simpulan: Tidak ada hubungan peran petugas kesehatan dengan perilaku personal hygiene (genitalia) remaja putri di Posyandu Remaja di Desa Pojoksari .

Saran: para remaja dapat memahami tentang pentingnya perilaku hidup sehat dengan menjaga personal hygiene (genitalia) untuk mencegah infeksi dan permasalahan lainnya akibat kelalaian menjaga kesehatan reproduksi

Kata kunci: Peran petugas kesehatan, perilaku personal hygiene, genitalia, remaja putri

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THE RELATIONSHIP OF THE ROLE OF HEALTH OFFICERS WITH BEHAVIORPERSONAL HYGIENE GENETALIA OF TEENAGE WOMEN IN POJOKSARI VILLAGE

ABSTRACT

Background : Adolescents who experience the most reproductive health problems such as reproductive tract infections at the age of 12-18 years are around 35-42%. Teenagers experience the most health problems, one of which is sexually transmitted infections (STIs). STIs are influenced by teenagers' behavior regarding poor personal hygiene. Adolescents' bad behavior is due to limited knowledge about personal hygiene and genetics. One forum that can increase knowledge so that the behavior of young women will improve is the role of health workers (midwives).

Research purposes : To find out the relationship between the role of health workers and the personal hygiene behavior (genitalia) of young women at the youth posyandu in Pojoksari Village in 2023.

Research methods: This research uses *Analyst* with approach *cross sectional*. The population in this research was 257 respondents. The sample in this research was 72 respondents. Sampling technique *propotionate random sampling*, data collection tools using questionnaires. Test analysis using tests *chi square* with $p < \alpha 0.05$.

Results : It was found that the majority of health workers' roles were supportive, namely 40 people (55.6%). Behavior *personal hygiene* There were 36 people (50.0%) good and 36 people (50.0%) had poor personal hygiene behavior. Obtained p value = $0.155 > \alpha = 0.05$ so there is no relationship between the role of health workers and behavior *personal hygine* (genitalia) teenage girls at the Youth Posyandu in Pojoksari Village.

Conclusion: There is no relationship between the role of health workers and the personal hygiene behavior (genitalia) of young women at the Youth Posyandu in Pojoksari Village.

Suggestion: Teenagers can understand the importance of healthy living behavior by maintaining personal hygiene (genitalia) to prevent infections and other problems due to negligence in maintaining reproductive health

Key words: Role of health workers, personal hygiene behavior, genetics, adolescent girls