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Gambaran Pengetahuan Orang Tua Dalam Pencegahan Ruam Popok

Pada Bayi Usia 0-12 Bulan Di Posyandu Kusuma Sepinggan Baru

ABSTRAK

Latar belakang: Ruam popok adalah suatu peradangan/infeksi pada kulit di sekitar area popok, seperti paha dan bokong bayi, yang disebabkan oleh kontak berkepanjangan dengan amonia yang terdapat pada urin atau feses bayi. Pengetahuan orang tua khususnya ibu sangat erat kaitannya dengan pendidikan sehingga akan berdampak pada perilaku orang tua dalam menjaga kesehatan kulit pada anaknya. Perawatan perianal yang akurat memerlukan perilaku ibu yang tepat agar kulit bayi tetap sehat. **Tujuan:** Mengetahui Gambaran Pengetahuan Orang Tua Dalam Pencegahan Ruam Popok Pada Bayi Usia 0-12 Bulan di Posyandu Kusuma Sepinggan Baru **Metode:** Rancangan penelitian menggunakan pendekatan deskriptif kuantitatif. Populasi dalam penelitian ini sebanyak 30 ibu dengan menggunakan teknik total sampling. Alat ukur menggunakan kuesioner yang sudah divaliditas. Analisis data dengan distribusi frekuensi. **Hasil:** menunjukkan bahwa 20 responden (66,7%) mempunyai pengetahuan cukup. **Saran:** Diharapkan bagi peneliti selanjutnya agar menggunakan penelitian ini sebagai landasan untuk melakukan penelitian tambahan dengan jumlah sampel yang lebih besar dan variabel yang lebih bervariasi untuk mendapatkan temuan penelitian baru mengenai ruam popok.

Kata kunci: *Pengetahuan Orang Tua, Bayi, Ruam Popok*

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**Description of Parents' Knowledge in Preventing Diaper Rash in Babies Aged 0-12 Months at
Posyandu Kusuma Sepinggan Baru**

ABSTRACT

Background: Babies are more susceptible to disease and health problems. Therefore, babies must be closely monitored to ensure their health is always in the best condition. Children aged 0 to 12 months have delicate skin so they are very sensitive to infections, allergies and irritation. Because newborn babies are still in the adjustment stage to their environment, they are not yet used to conditions that can endanger their health, especially skin diseases. Diaper rash is one of the most common skin disorders experienced by children aged 0-12 months. Diaper rash is an inflammation/infection of the skin around the diaper area, such as the baby's thighs and buttocks, which is caused by prolonged contact with ammonia contained in the baby's urine or feces. The knowledge of parents, especially mothers, is closely related to education, so it will have an impact on parents' behavior in maintaining healthy skin in their children. Accurate perianal care requires appropriate maternal behavior to keep the baby's skin healthy. In Indonesia, parents' understanding and behavior regarding the use of diapers for babies and children under five years of age (toddlers) is still poor. Previous research shows that 45.5% of respondents have sufficient knowledge, but there are still incorrect perianal care practices to avoid diaper rash in children. **Objective:** To find out the description of parental knowledge in preventing diaper rash in babies aged 0-12 months at Posyandu Kusuma Sepinggan Baru? **Method:** This investigative style is analytical and descriptive. Analytical descriptive is a research strategy used to create an objective picture of a situation. **Results:** showed that 20 respondents (66.7%) had sufficient knowledge. **Suggestion:** It is hoped that future researchers will use this research as a basis for conducting additional research with a larger sample size and more varies variables to obtain new research findings regarding diaper rash