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Hubungan Lama Menjalani Hemodialisa dengan Kualitas Hidup Pasien Gagal Ginjal Kronik di Klinik Ginjal dan Hipertensi Lestari Semarang

xvi + 47 Hal + 2 Bagan + 11 Tabel + 10 Lampiran

ABSTRAK

Latar Belakang: Pasien GGK dengan hemodialisa (HD) menghadapi berbagai masalah mulai finansial hingga ketakutan menghadapi kematian sehingga menurunkan kualitas hidupnya. Kualitas hidup yang rendah dan tidak tertangani menghambat proses terapi dan meningkatkan mortalitas. Salah satu faktor yang berhubungan dengan kualitas hidup pasien GGK dengan HD adalah lama menjalani HD

Tujuan : Mengetahui hubungan hubungan lama menjalani hemodialisa dengan kualitas hidup pasien gagal ginjal kronik di Klinik Ginjal & Hipertensi Lestari Semarang.

Metode Penelitian: desain penelitian ini korelasional dengan pendekatan cross sectional. Penelitian dilakukan bulan April 2023 di Klinik Ginjal dan Hipertensi Lestari Semarang dengan populasi seluruh pasien yang menjalani hemodialisa rutin 2 kali setiap minggunya sebanyak 150 pasien/bulan. Sampel yang diteliti sebanyak 109 pasien diambil dengan teknik *accidental sampling*. Instrument yang digunakan WHOQoL-BREF. Data dihitung menggunakan uji *spearman-rank* yang diolah dengan program penganalisaan data SPSS.

Hasil Penelitian: Sebagian besar responden menjalani hemodialisa selama 13-24 bulan (46,8%) dan mempunyai kualitas hidup kategori sedang (55,0%). Ada hubungan bermakna lama menjalani hemodialisa dengan kualitas hidup pasien gagal ginjal kronik di Klinik Ginjal dan Hipertensi Lestari Semarang ($p = 0,048 < 0,05$).

Simpulan: Ada hubungan yang bermakna lama menjalani hemodialisa dengan kualitas hidup pasien gagal ginjal kronik di Klinik Ginjal dan Hipertensi Lestari Semarang.

Kata kunci : Gagal Ginjal Kronik, Kualitas Hidup, Pasien GGK
Daftar Pustaka : 25 (2010-2020)

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The Correlation between the Duration of Undergoing Hemodialysis and the Quality of Life of Chronic Kidney Disease (CKD) Patients at Kidney and Hypertension Lestari Clinic Semarang

xvi + 47 Items + 2 Charts + 11 Tables + 10 Appendices

ABSTRACT

Background: CKD patients on hemodialysis (HD) face various problems ranging from financial problems to fear of death, thereby reducing their quality of life. Low and untreated quality of life hampers the therapeutic process and increases mortality. One of the factors related to the quality of life of CKD patients on HD is the duration of undergoing hemodialysis

Objective: To determine the relationship between the length of time undergoing hemodialysis and the quality of life of chronic kidney failure patients at the Lestari Kidney & Hypertension Clinic Semarang.

Research Method: This research design was correlational with cross sectional approach. The research was conducted in April 2023 at Kidney and Hypertension Lestari Clinic with a population of 150 patients undergoing routine hemodialysis twice per week. The samples studied were 109 patients taken by using accidental sampling technique. The instrument used WHOQoL-BREF. Data were calculated by using the Spearman-rank test which were processed with the SPSS data processing program.

Research Results: Most respondents underwent hemodialysis for 13-24 months (46.8%) and had a moderate quality of life (55.0%). There was a significant correlation between the duration of undergoing hemodialysis and the quality of life of CKD patients at Kidney and Hypertension Lestari Clinic Semarang ($p = 0.048 < 0.05$).

Conclusion: There is a correlation between the duration of undergoing hemodialysis and the quality of life of chronic kidney disease patients at Kidney and Hypertension Lestari Clinic Semarang.

Keywords: Chronic Kidney Disease, Quality of Life, CKD Patients

Bibliographies: 25 (2010-2020)