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## "GAMBARAN JENIS PERSALINAN PADA IBU BERSALIN DENGAN COVID-19 DI RSUD MGR. GABRIEL MANEK SVD. ATAMBUA "

### ABSTRAK

**Latar Belakang :** Ibu bersalin dengan kasus Covid 19 lebih banyak memilih jenis persalinan dengan bedah sesar (SC), padahal hingga saat ini belum ada rekomendasi salah satu cara persalinan yang aman pada ibu bersalin dengan Covid 19. Jenis persalinan bedah sesar (SC) ditetapkan berdasarkan indikasi obstetri dan keinginan keluarga. Penelitian ini bertujuan untuk . Penelitian ini adalah penelitian Case Studies. Data diambil dari rekam medis ibu yang bersalin dengan Covid 19 di RSUD Mgr. Gabriel Manek SVD Atambua tahun 2021-2022 sebanyak 59 orang ibu bersalin. Hasil penelitian menyatakan bahwa dari 59 orang ibu bersalin diketahui 32 Dari jumlah tersebut diketahui ibu terkonfirmasi positif Covid-19 sebanyak 32 orang, suspek Covid-19 adalah sebanyak 27 orang, los control 3 orang. Dengan kematian akibat covid-19 murni 2 orang ibu bersalin, dan 1 orang akibat komplikasi covid dengan PEB 1 orang. Dari 59 orang yang terkonfirmasi Covid 19 diketahui bersalin dengan SC sebesar 32 orang dan bersalin normal 27 orang Berdasarkan hasil penelitian maka diharapkan tenaga kesehatan meningkatkan upaya promotif dan preventif mengenai Covid- 19 pada ibu hamil serta memberikan pilihan pada ibu bersalin mengenai jenis persalinan yang akan dilakukan dengan memperhatikan indikasi medisnya. Masih sangat minimnya evidence based mengenai jenis persalinan yang efektif ,aman dan penatalaksanaan yang belum maksimal pada ibu bersalin dengan Covid 19, sehingga menyebabkan peningkatan kematian ibu bersalin covid-19.

**Tujuan Penelitian:** Untuk memperoleh gambaran tentang jenis persalinan pada ibu bersalin dengan dengan Covid-19 di Rumah Sakit Umum Daerah Atambua MGR. Gabriel Manek SVD. **Metode Penelitian :** Metode pendekatan Masalah yang di pergunakan dalam penelitian ini case Studies dimana peneliti melakukan eskplorasi secara mendalam terhadap kejadian,

**Hasil** : kesiapan ibu hamil untuk melahirkan di era pandemi COVID-19, hampir semuanya siap untuk melahirkan (70%), dan kecemasan ibu hamil tentang persalinan menunjukkan bahwa hampir semuanya merasakan ketakutan akan persalinan. Kesimpulan: Gambaran persalinan dengan Covid-19 pada ibu bersalin mengalami tingkat kecemasan yang tinggi, akibat kurangnya edukasi maupun dukungan sosial.

**Kata kunci:** Covid-19, Jenis persalinan, ibu bersalin.

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## **“DESCRIPTION OF TYPES OF DELIVERY IN MOTHERS WITH COVID-19 AT MGR HOSPITAL. GABRIEL MANEK SVD ATAMBUA”**

**Background:** Mothers with Covid 19 cases prefer the type of delivery by cesarean section(SC), even though until now there has been no recommendation of a safe way of delivery for women giving birth with Covid 19. The type of cesarean delivery (SC) is determined based on indications obstetrics and family wishes. This research aims to . This research is Case Studies research. The data was taken from the medical records of mothers who gave birth with Covid 19 at the Mgr. Gabriel Manek SVD Atambua in 2021-2022 as many as 59 mothers gave birth. The results of the study stated that of the 59 mothers who gave birth, it was found that 32 of these mothers were known to have confirmed positive for Covid-19 as many as 32 people, 27 people were suspected of Covid-19, 3 people were in control. With deaths due to pure covid-19 2 mothers giving birth, and 1 person due to complications of covid with PEB 1 person. Of the 59 people who were confirmed with Covid 19, 32 people gave birth with SC and 27 people gave birth normally. taking into account the medical indications. There is still very little evidence based on the type of delivery that is effective, safe and management that is not maximal in mothers giving birth with Covid 19, thus causing an increase in maternal mortality in giving birth to Covid-19.

**Research Objectives:** To obtain an overview of the types of labor in women giving birth with Covid-19 at the Atambua MGR Regional General Hospital. Gabriel Manek SVD.

**Research Methods:** The problem approach method used in this research is case studies where researchers carry out in-depth exploration of events, **Results:** the readiness of pregnant women to give birth in the era of the COVID-19 pandemic, almost all of them were ready to give birth (70%), and the anxiety of pregnant women about childbirth showed that almost all of them felt afraid of giving birth. **Conclusion:** The description of giving birth with Covid-19 in mothers who give birth experience a high level of anxiety, due to a lack of education and social support.

**Keyword :** Covid-19, Type Of delivery, Birthing Mother.