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Skripsi, Juli 2023
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GAMBARAN TINGKAT PENGETAHUAN IBU HAMIL TENTANG KUNJUNGAN ANTENATAL CARE DI KELURAHAN MANUAMAN WILAYAH KERJA UPTD PUSKESMAS ATAMBUA SELATAN KABUPATEN BELU

ABSTRAK

Latar belakang: Antenatal Care adalah perawatan ibu dan janin selama kehamilan. Melalui antenatal, ibu dapat diberikan informasi dan pelatihan terkait kehamilan dan persiapan persalinan sedini mungkin. Kurangnya pengetahuan tentang tanda bahaya kehamilan seringkali terjadi karena kurangnya kunjungan antenatal care. Perawatan kebidanan yang tidak memadai dapat menyebabkan bahaya bagi ibu dan janin, seperti perdarahan selama kehamilan, karena tanda bahaya kehamilan tidak terdeteksi.

Tujuan: Mengidentifikasi gambaran tingkat pengetahuan ibu hamil tentang Antenatal Care di Kelurahan Manuaman wilayah kerja UPTD Puskesmas Atambua Selatan Kabupaten Belu.

Metode: Penelitian ini merupakan penelitian deskriptif kuantitatif dengan menggunakan metode cross sectional. Instrumen penelitian menggunakan kuesioner. Teknik pengambilan sampel menggunakan *aksidental sampling*. Sampel dari penelitian ini adalah ibu hamil di kelurahan Manuaman yang kebetulan bertemu dengan peneliti pada saat melakukan pemeriksaan yaitu sebanyak 30 responden.

Hasil: Pengetahuan tentang kunjungan antenatal care sebagian besar berpengetahuan cukup sebanyak 26 responden (86,7%), berpengetahuan baik sebanyak 4 responden (13,3%).

Kesimpulan: Pengetahuan tentang kunjungan antenatal care di Kelurahan Manuaman wilayah kerja UPTD Puskesmas Atambua Selatan termasuk dalam kategori cukup. Penulis berharap dengan dilakukannya penelitian ini dapat meningkatkan pengetahuan dan menambah informasi tentang definisi ANC, tujuan ANC, manfaat ANC agar ibu hamil semakin mengerti dan tahu pentingnya melakukan pemeriksaan kehamilan secara dini dan tepat waktu.

Kata kunci: Pengetahuan, kunjungan ANC, Ibu hamil

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Thesis, July 2023
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DESCRIPTION OF THE LEVEL OF KNOWLEDGE OF PREGNANT WOMEN
ABOUT ANTENATAL CARE VISITS IN MANUAMAN SUBDISTRICT, THE
WORKING AREA OF ATAMBUA SELATAN PUSKESMAS, BELU
DISTRICT

ABSTRACT

Background: Antenatal Care is mother and fetus care during pregnancy. Through antenatal care, mothers can be given information and training related to pregnancy and childbirth preparation as early as possible. Lack of knowledge about danger signs of pregnancy often occurs due to lack of antenatal care visits. Inadequate obstetric care can cause harm to the mother and fetus, such as bleeding during pregnancy, because the danger signs of pregnancy are not detected.

Objective: To identify the description of the level of knowledge of pregnant women about antenatal care in the Manuaman Village, the working area of the UPTD Health Center at Atambua Selatan, Belu Regency.

Method: This research is a quantitative descriptive study using cross sectional method. The research instrument used a questionnaire. The sampling technique used accidental sampling. The sample of this study were pregnant women in the Manuaman sub-district who happened to meet the researchers during the examination, namely as many as 30 respondents.

Results: Most of the respondents had sufficient knowledge about antenatal care visits (26 respondents (86.7%), with good knowledge of 4 respondents (13.3%).

Conclusion: Knowledge about antenatal care visits in the Manuaman Village, the working area of the UPTD Puskesmas Atambua Selatan is in the sufficient category. The author hopes that conducting this research can increase knowledge and add information about the definition of ANC, the purpose of ANC, the benefits of ANC so that pregnant women understand more and know the importance of having early and timely prenatal checks.

Keywords: Knowledge, ANC visits, pregnant women

