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## **GAMBARAN DAN TINGKAT PENGETAHUAN PENGGUNAAN OBAT TRADISIONAL PADA MASYARAKAT DI RW 06 DESA PURWOSARI KECAMATAN PURWOSARI KABUPATEN PASURUAN**

### **ABSTRAK**

**Latar belakang :** Pengobatan tradisional dipercayai sejak turun temurun dari leluhur. Obat tradisional umumnya digunakan sebagai pencegahan penyakit, meningkatkan kesehatan, dan menjaga stamina tubuh. Data Riskesdas menunjukkan terjadinya peningkatan pemanfaatan Yankestrad (Pelayanan Kesehatan Tradisional) pada proporsi rumah tangga yaitu dari 30,1% (2013) menjadi 31,4% (2018). Tujuan dari penelitian ini untuk menganalisis gambaran dan tingkat pengetahuan penggunaan obat tradisional di RW 06 Desa Purwosari.

**Metode :** Penelitian ini merupakan penelitian deskriptif kuantitatif dengan desain metode *Cross Sectional*. Pengambilan sampel menggunakan *Purposive Sampling* didapatkan sampel sebanyak 89 responden. Gambaran dan Tingkat pengetahuan diukur menggunakan kuesioner dan dinilai dengan skala *Guttman* (pernyataan benar atau salah) yang telah dilakukan uji validitas dan realibilitas.

**Hasil :** Hasil penelitian menunjukkan, gambaran penggunaan obat tradisional di RW 06 Desa Purwosari, yaitu masyarakat menggunakan obat tradisional karena mudah didapat, sumber informasi yang didapatkan masyarakat berdasarkan pengalaman, masyarakat mendapatkan obat tradisional dari toko, obat tradisional digunakan untuk menyembuhkan penyakit yang ringan, bentuk sediaan obat tradisional sering digunakan masyarakat adalah rebusan, rata-rata lama penggunaan obat tradisional yaitu 2-3 hari, obat tradisional yang digunakan kebanyakan tidak memunculkan efek samping, masyarakat tidak mengetahui nama/kandungan obat tradisional yang di konsumsi, dan masyarakat merasakan tidak ada efek samping setelah mengkonsumsi obat tradisional. Tingkat pengetahuan masyarakat RW 06 Desa Purwosari tentang obat tradisional adalah cukup (58,12%)

**Kesimpulan :** Tingkat pengetahuan masyarakat RW 06 Desa Purwosari tentang obat tradisional termasuk dalam kategori cukup baik (58,12%) hal ini berdasarkan masyarakat hanya mengandalkan dari pengalaman saja dalam penggunaan obat tradisional.

**Kata kunci :** obat tradisional, tingkat pengetahuan

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## **DESCRIPTION AND LEVEL OF KNOWLEDGE ON THE USE OF TRADITIONAL MEDICINE IN THE COMMUNITY IN RW 06 PURWOSARI VILLAGE, PURWOSARI DISTRICT, PASURUAN DISTRICT**

### **ABSTRACT**

**Background :** Traditional medicine is believed to have been passed down from generation to generation. Traditional medicine is generally used to prevent disease, improve health, and maintain stamina. In Indonesia there has been an increase in the utilization of Yankestrad (Traditional Health Services) in the proportion of households, from 30.1% (2013) to 31.4% (2018). The purpose of this study was to find out the description and level of knowledge on the use of traditional medicine in RW 06 Purwosari Village.

**Methods:** This research is a quantitative descriptive study with a cross sectional design. Sampling used purposive sampling and obtained a sample of 89 respondents. The level of knowledge is measured using a questionnaire and assessed with a Guttman scale (true or false statement) which has been tested for validity and reliability. Data analysis was carried out descriptively.

**Results:** The results showed that the level of knowledge of the people of RW 06 Purwosari Village about traditional medicine was sufficient (58.12%). Description of the use of traditional medicine in RW 06 Desa Purwosari, that is, people use traditional medicines because they are easy to obtain (44%), sources of information about traditional medicines that people get based on experience (26%), people get traditional medicines from traditional drug stores (29%) , traditional medicine is used to cure mild ailments (46%), The form of traditional medicine that is widely used by the community is decoction (63%), The average length of use of traditional medicine by the community is 2-3 days (38%), Most of the traditional medicines used did not cause side effects (92%), more than 50% of the people did not know the names/contents of the traditional medicines they were consuming, namely 56 respondents (63%), respondents felt no side effects after consuming traditional medicines, namely as many as 83 (93.3%) respondents.

**Conclusion:** The level of knowledge of the community in RW 06 Purwosari Village about traditional medicine is in the fairly good category (58.12%), this is based on the community only relying on experience in using traditional medicine.

**Keywords:** traditional medicine, level of knowledge