

JUDUL ARTIKEL GAMBARAN PENGETAHUAN IBU-IBU TENTANG PIJAT BAYI USIA 0-1
TAHUN DI PUSKESMAS VERA CRUZ DILI TIMOR – LESTE

Penulis¹ *guilhermina Maria da Silva* guilhermina.maria20@gmail.com

Penulis² *Ninik Christiani*, christianinik@gmail.com

Program studi S1 Kebidanan Universitas Ngudi Waluyo

ABSTRAK

Latar Belakang : Berdasarkan laporan kementerian Negara Timor-Leste (2020-2021) melakukan pemeriksaan terhadap 1.249 anak dari usia bayi 0-1 Tahun . Dari hasil pemeriksaan untuk perkembangan ditemukan normal sesuai dengan usia 0-1 tahun sebanyak 74 %, meragukan (membutuhkan pemeriksaan lebih dalam) sebanyak 15 %, penyimpangan perkembangan sebanyak 11 %. Berdasarkan data diatas terlihat bahwa angka meragukan dan penyimpangan perkembangan masih cukup besar di Timor Leste. Berdasarkan studi pendahuluan pada bulan November di Puskesmas Vera Cruz diketahui bahwa ibu sebagian besar ibu tidak mengetahui secara pasti tentang manfaat pijat bayi.

Metode : Jenis penelitian ini adalah bersifat deskriptif. Teknik pengambilan sampel dengan Accidental sampling. Lokasi penelitian ini di Puskesmas Vera Cruz pada tahun 2022. Dengan responden 39, alat ukur digunakan kuesioner tertutup dengan distribusi frekuensi. Hasil penelitian menunjukkan bahwa dari 39 Responden Di Puskesmas Vera Cruz terdapat Pengetahuan ibu-ibu tentang pengertian Pijat Bayi sebagian besar responden berpengetahuan Baik sebanyak 87.2% , Pengetahuan ibu-ibu tentang Manfaat Pijat Bayi sebagian besar responden berpengetahuan kurang sebanyak 97.4% , Pengetahuan ibu-ibu tentang Cara Pijat Bayi sebagian besar responden berpengetahuan Baik sebanyak 66.7%, dan Pengetahuan ibu-ibu tentang Waktu Pijat Bayi sebagian besar responden berpengetahuan cukup sebanyak 87.2%.

Simpulan : Dari penelitian ini adalah gambaran pengetahuan ibu-ibu tentang pijat bayi usia 0-1 tahun di puskesmas vera cruz dili timor – leste. Disarankan kepada kesehatan lebih intensif dan memberikan informasi banyak kepada ibu-ibu yang memiliki bayi untuk melakukan pijat bayi yang usia 0-1 tahun.

Kata Kunci : *Pengetahuan Ibu-Ibu Tentang Pijat Bayi*

ARTICLE TITLE DESCRIPTION OF KNOWLEDGE OF MOTHERS ABOUT MASSAGE
OF BABIES AGED 0-1 YEARS AT VERA CRUZ HEALTH CENTER
IN TIMOR – LESTE

Author1 Guilhermina Maria da Silva, guilhermina.maria20@gmail.com

Author2 Ninik Christiani, christianinik@gmail.com

Ngudi Waluyo University Midwifery Study Program

ABSTRACT

Background: Based on the report from the Ministry of State of Timor-Leste (2020-2021) it examined 1,249 children from infants aged 0-1 years. From the results of the examination for development it was found to be normal according to the age of 0-1 years as much as 74%, doubtful (requiring deeper examination) as much as 15%, developmental deviations as much as 11%. Based on the data above, it can be seen that the figures are dubious and deviations in development are still quite large in Timor Leste. Based on a preliminary study in November at the Vera Cruz Health Center, it was found that most mothers did not know for sure about the benefits of infant massage.

Method: This type of research is descriptive in nature. Sampling technique with Accidental sampling. The location of this study was at the Vera Cruz Health Center in 2022. With 39 respondents, a closed questionnaire with a frequency distribution was used as a measuring tool. The results showed that of the 39 respondents at the Vera Cruz Health Center, there was knowledge of mothers about the meaning of infant massage, most of the respondents had good knowledge of 87.2%, knowledge of mothers about the benefits of infant massage, most of the respondents had less knowledge of 97.4%, knowledge of mothers about How to Massage Babies most of the respondents have good knowledge as much as 66.7%, and the knowledge of mothers about when to massage babies most of the respondents have sufficient knowledge as much as 87.2%.

Conclusion: From this study is an overview of mothers' knowledge about infant massage aged 0-1 years at the Vera Cruz Public Health Center in Timor - Leste. It is recommended for health to be more intensive and to provide a lot of information to mothers who have babies to massage babies aged 0-1 year.

Keywords: Knowledge of Mothers About Infant Massage