

Ngudi Waluyo University
Faculty of Health Bachelor of Nursing Study Program
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Muhammad Nurreza Habibi
011191008

The Relationship between Parental Support and Activity Daily Living (ADL) Independence in Children with Mental Retardation at Ungaran State SLB

ABSTRACT

Background: Support that involves parents' independence, patience, and tenacity in training their children's daily activities with Mental Retardation is called parental support for Activity Daily Living independence. The importance of parental support for the independence of ACTIVITY Daily Living for children with mental retardation at the Ungaran State SLB is one of the most important concerns to be improved and given.

Objective: to determine the relationship between parental support and independence in Activity Daily Living (ADL) in children with mental retardation at SLB Negeri Ungaran

Method: This study uses a correlative descriptive design with a cross sectional approach. The population is Ungaran State SLB parents as many as 136 people who were taken as a sample by accidental sampling technique. Data were collected using a questionnaire on parental support and activity daily living independence in children. Data analysis used the Spearman Rank test, analyzed using SPSS20.

Results: The results showed that 63 students (45.7%) received parental support in the high category. Activity Daily Living students Most of the 31 people are in the high category (37.5%). Based on data analysis, there is a relationship between parental support and the independence of Daily Living Activities in Metal Retarded Children. With $p\text{-value}=0.022$ ($\alpha<0.05$).

Suggestion: In order for parents to improve more in supporting the independence of children's daily activities so that children become independent more quickly.

Conclusion: The higher the parental support, the higher the level of ADL independence in mentally retarded children. For children with special needs, it would be nice if parents and schools provided more Activity Daily Living independence training.

Keywords : Parental support, Activity Daily Living, Mental Retardation