HUBUNGAN STATUS GIZI DENGAN PERKEMBANGAN ANAK USIA 1-5 TAHUN DI DESA KALIOMBO KABUPATEN REMBANG

ABSTRAK

Latar Belakang: Perkembangan merupakan suatu proses kematangan fungsi tubuh anak yang berakitan dengan sosial emosional, motorik kasar, motorik halus, dan berbahasa anak. Anak balita usia 1-5 tahun merupakan usia yang sangat mempengaruhi pertumbuhan dan perkembangan anak serta kualitas anak ke periode selanjutnya.

Tujuan : Untuk mengetahui hubungan antara status gizi dengan perkembangan anak usia 1-5 tahun di desa kaliombo kabupaten rembang.

Metode: Jenis penelitian ini adalah deskripstif korelatif dengan pendekatan *cross sectional*. Pengambilan sampel menggunakan tehnik *total sampling* dengan jumlah sampel sebanyak 72 responden. Instrumen penelitian menggunakan timbangan berat badan, microtoise, tabel kemenkes dan dengan *Denver Development Screening Test II*. Uji statistic menggunakan uji *kendall's tau*

Hasil: Hasil penelitian sebagian besar anak mengalami gizi baik sejumlah 54 responden (75.0%), akan tetapi anak mengalami gizi buruk terdapat 2 responden (2.8%) dan obesitas terdapat 2 responden (2.8%), anak mengalami perkembangan normal sejumlah 68 responden (94.4%). Hasil uji statistic *kendall tau* di dapatkan nilai p *value*= 0.030 < α =0.05

Kesimpulan: Hasil uji *kendall tau* menunjukkan terdapat hubungan antara status gizi dengan perkembangan anak usia 1-5 tahun di desa kaliombo kabupaten rembang

Saran: Diharapkan peneliti selanjutnya bisa melakukan pemantauan melalui puskesmas untuk melakukan pemantauan pertumbuhan dan perkembangan di posyandu.

Kata Kunci: Perkembangan, Status Gizi, Balita
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THE RELATIONSHIP BETWEEN NUTRITIONAL STATUS AND THE DEVELOPMENT OF CHILDREN AGED 1-5 YEARS IN KALIOMBO VILLAGE, REMBANG DISTRICT

*ABSTRAC*T

Background: Development is a process of maturity of a child's bodily functions related to social-emotional, gross motor, fine motor, and children's language. Toddlers aged 1-5 years are an age situation that greatly influences the development of children and the quality of children in the next period.

Objective: To determine the relationship between nutritional status and the development of children aged 1-5 years in Kaliombo village, Rembang district.

Method: This type of research is a correlative descriptive with a cross-sectional approach. Sampling using a total sampling technique with a total sample of 72 respondents. The research instrument used body weight scales, microtomes, tables from the Ministry of Health, and the Denver Development Screening Test II. Statistical test using Kendall's tau test

Results: The results of the study showed that most of the children experienced good nutrition, 54 respondents (75.0%), however, children experienced malnutrition, 2 respondents (2.8%) and obesity, 2 respondents (2.8%), children experienced normal development, 68 respondents (94.4). %). Kendall tau statistical test results obtained p value = $0.030 < \alpha = 0.05$

Conclusion: The results of the Kendall Tau test show that there is a relationship between nutritional status and the development of children aged 1-5 years in Kaliombo Village, Rembang

Regency Suggestion: It is hoped that future researchers can carry out monitoring through the puskesmas to monitor growth and development in posyandu.

Keywords: Development, Nutritional Status, Toddlers

Bibliography: 36 (2012-2022)