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Skripsi, Januari 2023
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HUBUNGAN TINGKAT PENGETAHUAN IBU HAMIL DENGAN KEJADIAN ANEMIA PADA IBU HAMIL DI PUSKESMAS KLEDUNG TEMANGGUNG

ABSTRAK

Latar belakang : Anemia adalah suatu keadaan dimana jumlah dan ukuran sel darah merah atau konsentrasi hemoglobin dibawah nilai batas normal dan pada ibu hamil terjadi karena hemodilusi. Jumlah ibu hamil di Puskesmas Kledung pada bulan Januari – Desember 2021 sebanyak 198 orang dan 53 orang (26,76%) diantaranya mengalami anemia, sedangkan jumlah ibu hamil bulan Januari – Oktober 2022 sebanyak 265 orang dan 110 orang (41,50%) diantaranya mengalami anemia. Faktor yang mempengaruhi anemia yaitu kurangnya pengetahuan. Tujuan penelitian untuk mengetahui hubungan tingkat pengetahuan ibu hamil tentang anemia dengan kejadian anemia pada ibu hamil di Puskesmas Kledung Temanggung.

Metode : Penelitian ini merupakan jenis penelitian kuantitatif dengan bentuk penelitian survei analitik dengan desain penelitian cross sectional. Mengumpulkan data primer dengan kuesioner dan data sekunder dari kohort ibu hamil Puskesmas Kledung Temanggung. Pengambilan sampel dilakukan dengan teknik total sampling sebanyak 49 responden. Analisis data menggunakan chi-square.

Hasil : Tingkat pengetahuan ibu hamil tentang anemia kategori baik sebanyak 17 orang (34,7%), cukup sebanyak 20 orang (40,8%), dan kurang sebanyak 12 orang (24,5%). Kejadian anemia pada ibu hamil sebanyak 24 orang (49%). Hasil uji statistik dengan Chi-Square didapatkan $p\text{-value} = 0,019$ ($p < 0,05$) sehingga terdapat hubungan antara tingkat pengetahuan ibu hamil tentang anemia dengan kejadian anemia pada ibu hamil di Puskesmas Kledung Temanggung

Simpulan : Ada hubungan antara tingkat pengetahuan ibu hamil tentang anemia dengan kejadian anemia pada ibu hamil di Puskesmas Kledung Temanggung 2022.

Kata kunci : Ibu Hamil, Tingkat Pengetahuan, Anemia

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**RELATIONSHIP LEVEL OF KNOWLEDGE OF PREGNANT WOMEN
WITH ANEMIA IN PREGNANT WOMEN AT KLEDUNG
TEMANGGUNG HEALTH CENTER**

ABSTRACT

Background : Anemia is a condition where the number and size of red blood cells or hemoglobin concentration is below the normal limit value and occurs in pregnant women due to hemodilution. The number of pregnant women at the Kledung Health Center in January - December 2021 was 198 people and 53 people (26.76%) of them had anemia, while the number of pregnant women in January - October 2022 was 265 people and 110 people (41.50%) of them have anemia. Factors that affect anemia is a lack of knowledge. The aim of the study was to determine the relationship between the level of knowledge of pregnant women about anemia and the incidence of anemia in pregnant women at the Kledung Temanggung Health Center.

Methods: This research is a type of quantitative research with the form of survey analytic research, with a cross sectional research design. Collecting primary data using questionnaires and secondary data from the cohort of pregnant women at the Kledung Temanggung Health Center. Sampling was done by total sampling technique as many as 49 respondents. Data analysis using chi-square.

Results: The level of knowledge of pregnant women about anemia in the good category was 17 people (34.7%), enough for 20 people (40.8%), and lacking for 12 people (24.5%). The incidence of anemia in pregnant women was 24 people (49%). Statistical test results with Chi-Square obtained p-value = 0.019 ($p < 0.05$) so that there is a relationship between the level of knowledge of pregnant women about anemia and the incidence of anemia in pregnant women at the Kledung Temanggung Health Center

Conclusion: There is a relationship between the level of knowledge of pregnant women about anemia and the incidence of anemia in pregnant women at the Kledung Temanggung Health Center 2022.

Keywords: Pregnant Women, Level of Knowledge, Anemia