

**PROGRAM STUDI S1 KEBIDANAN REGULER TRANSFER
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Hubungan Durasi Penggunaan *Gadget* Terhadap Perkembangan Social Emosional Anak Prasekolah Di TK Al-Hikmah Kuala Tungkal Kabupaten Tanjung Jabung Barat

VI,77 halaman, 4 Tabel, 2 Skema, 3 Lampiran

ABSTRAK

Penggunaan gadget pada anak usia prasekolah di Indonesia tahun 2012 sebesar 38%, meningkat menjadi 72% pada tahun 2013 dan 80% pada tahun 2015. Hal ini tentu berdampak buruk bagi perkembangan dan kesehatan anak. Tujuan penelitian ini adalah untuk mengetahui Hubungan Durasi Penggunaan Gadget Terhadap Perkembangan Social Emosional Anak Prasekolah Di TK Al-Hikmah Kuala Tungkal Kabupaten Tanjung Jabung Barat. Penelitian dilakukan dengan metode *Deskriptif korelasi* dengan pendekatan *crosectional* pada tanggal 10 sampai 15 Januari 2022 di TK Al-Hikmah Kuala Tungkal Kabupaten Tanjung Jabung Barat, populasi dalam penelitian ini 70 orang, dan sampel penelitian sebanyak 70 orang, dengan teknik pengambilan sampel *purposive sampling*. Instrument penelitian untuk durasi penggunaan gadget menggunakan lembar observasi dan perkembangan social emosional anak menggunakan STTPA. Data di olah secara *univariate* untuk melihat distribusi frekuensi dan *bivariate* untuk melihat hubungan antar sebuah variabel. Hasil univariat didapatkan 51,4% responden memiliki durasi penggunaan gadget normal, dan 48,6% responden memiliki perkembangan social emosional mulai betkembang. Hasil bivariate didapatkan p value 0,000 artinya ada hubungan durasi penggunaan gadget dengan perkembangan social emosional pada anak prasekolah Di TK Al-Hikmah Kuala Tungkal Tahun 2021. Kesimpulan dari penelitian ini semakin tinggi penggunaan gadget akan mempengaruhi perkembangan social emosional anak. Disarankan pada orang tua harus memperhatikan durasi penggunaan gadget pada anak.

Kata Kunci : Durasi Penggunaan *Gadget*, Perkembangan Social Emosional Anak

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*The Relationship of the Duration of Gadget Use on the Social Emotional Development of Preschool Children at Al-Hikmah Kindergarten Kuala Tungkal, Tanjung Jabung Barat Regency
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ABSTRA

CT

The use of gadgets in preschool age children in Indonesia in 2012 was 38%, increasing to 72% in 2013 and 80% in 2015. This certainly has a bad impact on the development and health of children. The purpose of this study was to determine the relationship between the duration of the use of gadgets on the social and emotional development of preschool children at Al-Hikmah Kindergarten, Kuala Tungkal, Tanjung Jabung Barat Regency. The study was conducted using a descriptive correlation method with a cross-sectional approach on January 10 to 15, 2022 at TK Al-Hikmah Kuala Tungkal, Tanjung Jabung Barat Regency, the population in this study was 70 people, and the research sample was 70 people, using purposive sampling technique. The research instrument for the duration of gadget use uses observation sheets and children's social emotional development using STTPA. The data is processed univariately to see the frequency distribution and bivariate to see the relationship between a variable. Univariate results showed that 51.4% of respondents had a normal duration of gadget use, and 48.6% of respondents had social-emotional development starting to develop. Bivariate results obtained p value 0.000, meaning that there is a relationship between the duration of gadget use and social emotional development in preschool children at Al-Hikmah Kuala Tungkal Kindergarten in 2021. The conclusion from this study is that the higher the use of gadgets, the social emotional development of children. It is recommended that parents

pay attention to the duration of using gadgets in children.

Keywords: Duration of Gadget Use, Children's Social Emotional Development