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GAMBARAN KEPUASAN SEKSUAL PADA WANITA USIA SUBUR SAAT PANDEMI COVID-19 DI DUSUN WATUBUBAN

ABSTRAK

Latar Belakang : Kepuasan seksual merupakan aspek vital dalam hubungan intim, bahkan dapat menjadi faktor yang menentukan keberhasilan atau kegagalan dari suatu hubungan. Wanita usia subur (WUS) dalam penelitian ini yaitu memiliki batasan usia 15-49 tahun dengan keadaan organ reproduksi berfungsi dengan baik, baik dengan status belum kawin, kawin maupun janda. Di masa pandemi COVID-19, kewajiban untuk tinggal di rumah membuat pasangan memiliki lebih banyak waktu bersama di rumah. Awalnya, mengira lockdown akan meningkatkan sejumlah minat seksual. Namun, banyak pasangan yang mengurangi hubungan seksual karena kurangnya privasi, penurunan rangsangan psikologis, dan takut terinfeksi. Tujuan penelitian ini untuk mendapatkan gambaran kepuasan seksual pada wanita usia subur saat pandemi COVID-19 di Dusun Watububan.

Metode : Desain penelitian ini adalah deskriptif kuantitatif dengan pendekatan *cross sectional*. Populasi dalam penelitian ini sejumlah 305 wus. Sampel dalam penelitian ini sejumlah 75 wus, dengan menggunakan teknik *accidental sampling*. Instrumen yang digunakan yakni kuesioner kepuasan seksual. Uji statistik yang digunakan yakni validitas konstruk dengan analisis korelasi zero-order.

Hasil : Hasil penelitian menunjukkan sebagian besar responden wanita usia subur dengan usia 20-30 tahun yaitu sebanyak 47 (64,7%) responden dan usia 31- 41 tahun sebanyak 28 (35,3%) responden. Kepuasan seksual di Dusun Watububan pada kategori tinggi didapatkan sebanyak 37 responden penelitian dan pada kategori rendah didapatkan sebanyak 38 responden penelitian.

Saran : Diharapkan mampu terus memberikan motivasi dan perhatian satu sama lain agar hubungan yang terbina dalam satu keluarga selalu harmonis sehingga mampu menghasilkan kualitas kepuasan seksual yang baik.

Kata kunci : Kepuasan Seksual, Wanita Usia Subur, Pandemi COVID-19

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**DESCRIPTION OF SEXUAL SATISFACTION IN WOMEN OF RELIABLE AGE
DURING THE COVID-19 PANDEMIC IN WATUBUBAN HAMLET**

ABSTRACT

Background: Sexual satisfaction is a vital aspect of an intimate relationship, and can even be a determining factor in the success or failure of a relationship. Women of childbearing age (WUS) in this study have an age limit of 15-49 years with reproductive organs functioning properly, whether they are unmarried, married or widowed. In the time of the COVID-19 pandemic, the obligation to stay at home makes couples have more time together at home. Initially, it was thought the lockdown would increase a certain amount of sexual interest. However, many couples reduce sexual relationships due to lack of privacy, decreased psychological stimulation, and fear of infection. The purpose of this study was to obtain an overview of sexual satisfaction in women of childbearing age during the COVID-19 pandemic in Watububan Hamlet.

Method: The design of research is descriptive quantitative with a cross-sectional approach. The population in this study was 305 wus. The sample in this study was 75 wus, using accidental sampling techniques. The instruments used are sexual satisfaction. The statistical test used is the validity of the construct with zero-order correlation analysis.

Results: The results showed that the majority of respondents of women of childbearing age 20-30 years, namely as many as 47 (64.7%) respondents and ages 31-41 years as many as 28 (35.3%) respondents. Sexual satisfaction in Watububan Hamlet in the high category was obtained by 37 research respondents and in the low category obtained as many as 38 research respondents.

Suggestion: It is expected to be able to continue to provide motivation and attention to each other so that the relationship built in one family is always harmonious so as to produce a good quality of sexual satisfaction.

Keywords: Sexual Satisfaction, women of childbearing age, COVID-19 Pandemic