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**TINGKAT KESUKAAN DAN KANDUNGAN GIZI PROTEIN, SERAT KASAR
NUGGET KIMPUL (*Xanthosoma Sagittifolium*) DENGAN PENAMBAHAN
JAMUR TIRAM (*Pleurotus Ostreatus*)**

ABSTRAK

Latar Belakang : Jamur Tiram dan Kimpul merupakan bahan pangan yang tinggi akan kandungan zat gizi protein, serat yang dapat diolah menjadi berbagai jenis makanan seperti nugget sehingga dapat dijadikan makanan tinggi protein dan serat.

Tujuan : Menganalisis Uji Tingkat Kesukaan dan kandungan zat gizi protein, serat kasar nugget kimpul jamur tiram

Metode : Penelitian ini menggunakan desain eksperimental dalam bidang gizi . Formulasi nugget kimpul jamur tiram, ayam, tepung yaitu Formulasi 1 (40:40:10:10), Formulasi 2 (50:30:10:10), Formulasi 3 (60:20:10:10). Uji Tingkat Kesukaan dilakukan kepada 25 orang panelis agak terlatih. Analisis data tingkat kesukaan menggunakan rata-rata tingkat penerimaan produk nugget kimpul jamur tiram dalam bentuk table. Analisis kandungan zat gizi protein menggunakan mikro kjehdal, serat kasar menggunakan metode AOAC 2015.01

Hasil : Uji Tingkat Kesukaan tiga formulasi nugget diperoleh nugget formulasi 2 yang paling disukai. Kandungan zat gizi nugget kimpul jamur tiram rata-rata protein yaitu 6,202 % dan kadar serat kasar yaitu 0,1793 %

Simpulan : Formulasi Nugget Kimpul Jamur Tiram dengan perbandingan (50:30:10:10) merupakan formulasi yang paling disukai. Kandungan zat gizi nugget kimpul jamur tiram berupa protein, serat kasar belum bisa memenuhi kriteria nugget sebagai makanan tinggi protein dan serat.

Kata Kunci : Nugget, Kimpul, Jamur Tiram, Protein, Serat

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**PREFERENCES SCALES TEST AND NUTRITIONAL CONTENT OF
PROTEIN, CRUDE FIBER KIMPUL NUGGETS (*Xanthosoma Sagittifolium*)
WITH THE ADDITION OF OYSTER MUSHROOMS (*Pleurotus Ostreatus*)**

ABSTRACT

Background: Oyster Mushrooms and Kimpul are foodstuffs that are high in protein nutrients, fiber that can be processed into various types of food such as nuggets so that they can be used as foods high in protein and fiber.

Objective: Analyze the Favorability Level Test and nutrient content of protein, crude fiber nuggets of oyster mushroom kimpul

Method: This study uses an experimental design in the field of nutrition. The formulation of kimpul nuggets of oyster mushrooms, chicken, flour ie The Favorability Level Test was conducted on 25 rather trained panelists. Analysis of favorability level data using the average acceptance rate of oyster mushroom kimpul nuggets products in table form. Analysis of protein nutrient content using micro kjehdal, crude fiber using the 10AOAC 2015.01 method

Result: The Favorability Level Test of three nugget formulations obtained the most preferred nuggets of formulation 2. The nutritional content of oyster mushroom kimpul nuggets averages 6.202% and crude fiber content is 0.1793%

Conclusion: The formulation of Oyster Mushroom Kimpul Nuggets with a ratio (50:30:10:10) is the most preferred formulation. The nutritional content of oyster mushroom nuggets in the form of protein, crude fiber has not been able to meet the criteria of nuggets as a food high in protein and fiber.

Keywords : Nugget, Kimpul, Oyster Mushroom, Protein, Fiber