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Pengelolaan Gangguan Mobilitas Fisik Pada Pasien Dengan Stroke Non Hemoragik Di Desa Tuksari

ABSTRAK

Stroke adalah penyakit serebrovaskular (pembuluh otak) yang ditandai dengan kematian jaringan otak akibat berkurangnya aliran darah dan oksigen ke otak. Penurunan aliran darah dan oksigen ini bisa karena penyumbatan, penyempitan atau pecahnya pembuluh darah.

Penulisan ini bertujuan untuk mengetahui gambaran atau pengelolaan gangguan mobilitas fisik pada pasien stroke non hemoragik di Desa Tuksari.

Jenis penelitian deskriptif dengan pendekatan proses penelitian asuhan keperawatan pada pasien stroke non hemoragik dengan masalah keperawatan gangguan mobilitas fisik di desa Tuksari. Teknik pengumpulan data dilakukan dengan wawancara, observasi dan dokumentasi.

Pengelolaan gangguan mobilitas fisik dilakukan selama 3 hari, dengan studi kasus, implementasi keperawatan yaitu dukungan ambulasi dan latihan Range Of Motion. Hasil akhir pasien mengalami gangguan mobilitas fisik di karenakan pada tubuh bagian kiri mengalami kelumpuhan

Berdasarkan tindakan keperawatan yang dilakukan, maka dapat disimpulkan masalah gangguan mobilitas fisik pada pasien masih belum teratasi secara optimal.

Kata kunci : Stroke Non Hemoragik, Gangguan Mobilitas.

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Management of Impaired Physical Mobility in Patients With Non-Hemorrhagic Stroke

ABSTRACT

Stroke is a cerebrovascular disease (brain vessels) which is characterized by the death of brain tissue due to reduced blood flow and oxygen to the brain. This decrease in blood flow and oxygen can be due to blockage, narrowing or rupture of blood vessels.

This writing aims to determine the description or management of impaired physical mobility in non-hemorrhagic stroke patients in Tuksari Village.

This type of research is descriptive with a research process approach to nursing care in non-hemorrhagic stroke patients with nursing problems with physical mobility disorders in Tuksari village. Data collection techniques were carried out by interview, observation and documentation.

The management of physical mobility disorders was carried out for 3 days, with case studies, implementation of nursing, namely ambulation support and Range Of Motion exercises. The final result is that the patient has impaired physical mobility because the left side of the body is paralyzed.

Based on the nursing actions taken, it can be concluded that the problem of physical mobility disorders in patients is still not optimally resolved.

Keywords: Non Hemorrhagic Stroke, Physical Mobility.