

Universitas Ngudi Waluyo Ungaran
Program Studi S1 Keperawatan
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“Gambaran Pengetahuan tentang Menyusui pada Ibu Menyusui di Masa Pandemi Covid-19 di Kelurahan Candirejo Kecamatan Ungaran Barat Kabupaten Semarang”

ABSTRAK

Latar Belakang : Pandemi covid-19 memberikan dampak negatif yang signifikan pada ibu menyusui dan bayi karena AKI&AKB meningkat hampir sepertiga kali lipat. Menyusui menjadi landasan utama kelangsungan hidup bayi, kebutuhan gizi, perkembangan serta kesehatan ibu. Namun, kekhawatiran telah muncul tentang apakah ibu dengan covid-19 dapat menularkan virus SARS-CoV-2 ke bayi melalui menyusui akhirnya banyak yang tidak menyusui. Pengetahuan berpengaruh terhadap keberhasilan menyusui dimasa pandemic covid-19.

Tujuan : Mengetahui gambaran pengetahuan tentang menyusui pada ibu menyusui di masa pandemic covid-19 di Kelurahan Candirejo Kecamatan Ungaran Barat Kabupaten Semarang.

Metode : Desain penelitian ini deskriptif dengan pendekatan *survey*. Populasi dalam penelitian ini 87 ibu menyusui di Kelurahan Candirejo Kecamatan Ungaran Barat Kabupaten Semarang dengan sampel sebanyak 87 responden diambil dengan teknik *total sampling*. Alat pengumpulan data yang digunakan kuesioner. Data ditampilkan dalam bentuk distribusi frekuensi.

Hasil : Ibu menyusui di Kelurahan Candirejo Kecamatan Ungaran Barat Kabupaten Semarang mempunyai pengetahuan tentang menyusui pada masa pandemik COVID-19 sebagian besar kategori cukup (64,4%), pengetahuan tentang manfaat menyusui bagi bayi sebagian besar kategori cukup (69,0%), pengetahuan tentang manfaat menyusui bagi ibu sebagian besar kategori kurang (50,6%), dan pengetahuan tentang cara menyusui sebagian besar kategori cukup (44,8%).

Kesimpulan : Ibu menyusui di Kelurahan Candirejo Kecamatan Ungaran Barat Kabupaten Semarang mempunyai pengetahuan tentang menyusui pada masa pandemik COVID-19 sebagian besar kategori cukup.

Saran : Ibu menyusui sebaiknya mencari informasi tentang manfaat menyusui bagi ibu baik dengan cara mengikuti penyuluhan yang dilakukan tenaga kesehatan dari berbagai media sehingga dapat menambah wawasan.

Kata Kunci : Pengetahuan tentang Menyusui, Ibu Menyusui, Masa Pandemi Covid-19

Kepustakaan : 65 (2011-2020)

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"Overview of Knowledge about Breastfeeding in Breastfeeding Mothers during the Covid-19 Pandemic Period in Candirejo Village, Ungaran Barat District, Semarang Regency"

ABSTRACT

Background : The COVID-19 pandemic has had a significant negative impact on breastfeeding mothers and babies as and maternal and infant mortality rates have increased by almost a third. Breastfeeding is the main foundation for infant survival, nutritional and developmental needs and maternal health. However, concerns have arisen about whether mothers with COVID-19 can pass the SARS-CoV-2 virus to their babies through breastfeeding, many of mothers end up not breastfeeding. Knowledge affects breastfeeding success during the COVID-19 pandemic.

Objective: To describe the description of knowledge about breastfeeding in breastfeeding mothers during the COVID-19 pandemic in Candirejo Village, Ungaran Barat District, Semarang Regency.

Methods: The design of this research is descriptive with a survey approach. The population in this study was 87 of breastfeeding mothers in Candirejo Village, Ungaran Barat District, Semarang Regency with a sample of 87 respondents taken by total sampling technique. The data collection tool used was a questionnaire. Data is displayed in the form of a frequency distribution

Results: Breastfeeding mothers in Candirejo Village, Ungaran Barat District, Semarang Regency have sufficient knowledge about breastfeeding during the COVID-19 pandemic period (64.4%), knowledge about the benefits of breastfeeding for babies is mostly sufficient (69.0%), Most of the knowledge about the benefits of breastfeeding for mothers is lacking (50.6%), and most of the knowledge about how to breastfeed is sufficient (44.8%).

Conclusion: Breastfeeding mothers in Candirejo Village, West Ungaran Subdistrict, Semarang Regency have knowledge about breastfeeding during the COVID-19 pandemic, most of the categories are sufficient.

Suggestion: Breastfeeding mothers should look for information about the benefits of breastfeeding for mothers by participating in counseling conducted by health workers from media so that they can add insight.

Keywords : Knowledge about Breastfeeding, Breastfeeding Mothers, Covid-19 Pandemic Period

Bibliography : 65 (2011-2020)