

**Universitas Ngudi Waluyo**

**Program Studi S1 Keperawatan, Fakultas Ilmu Kesehatan**

**Skripsi, Januari 2022**

**Intan Pradina**

**010118A066**

**Hubungan Dukungan Emosional Keluarga Dengan Pemenuhan Tugas Spiritual Lansia  
Selama Pandemi Covid-19 Di Wilayah Puskesmas Jumo Temanggung**

### **ABSTRAK**

**Latar Belakang** : Lansia mengalami penurunan kemampuan psikologis, kognitif, dan meningkatnya perasaan tidak berguna. Lansia membutuhkan bantuan lingkungannya dalam bentuk dukungan emosional keluarga, seperti mendapatkan perhatian, didengarkan permasalahannya.

**Tujuan** : untuk mengetahui hubungan dukungan emosional keluarga dengan pemenuhan tugas spiritual lansia

**Metode** : Penelitian ini merupakan jenis penelitian deskriptif korelatif, dengan pendekatan *cross sectional*. Populasi semua lansia di wilayah Puskesmas Jumo Temanggung yaitu sejumlah 893 orang dari 13 dusun. Sampel sebanyak 90 responden dengan teknik *propotional random sampling*. instrumen yang digunakan adalah keusioner dukungan emoisonal keluarga dan pemenuhan tugas spiritual. Analisa data menggunakan uji *Spearman Rho*

**Hasil** : Dukungan emosional keluarga di wilayah Puskesmas Jumo Temanggung sebagian besar dalam kategori sedang sebanyak 37 responden (41,1%). Tugas perkembangan spiritual lansia selama pandemi Covid-19 di wilayah Puskesmas Jumo Temanggung memiliki sebagian besar dalam kategori tinggi sebanyak 36 responden (40%). Ada hubungan antara dukungan emosional keluarga dengan tugas perkembangan spiritual lansia, nilai *p-value* sebesar 0,000 ( $<0,05$ ) dengan nilai *r* 0,552

**Simpulan** : Ada hubungan antara dukungan emosional keluarga dengan pemenuhan tugas spiritual lansia, semakin tinggi dukungan emosional keluarga semakin tinggi pula pemenuhan tugas spiritual lansia

**Kata Kunci** : Dukungan Emosional Keluarga, Lansia, Pandemi Covid-19,  
Pemenuhan Tugas Spiritual

**Universitas Ngudi Waluyo**

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**Final Assignment, January 2022**

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**The Correlation between Emotional Support from Family and Fulfillment of Spiritual Development Activities for the Elderly During the Covid-19 Pandemic in Jumo Community Health Center, Temanggung**

**ABSTRACT**

**Background** : Elderly may experience decreasing psychological and cognitive abilities, and increasing feelings of worthlessness. Elderly need environmental assistance in the form of emotional support from family, such as getting attention or listening to their problems.

**Method** : This research was a descriptive correlative research type, with a cross sectional approach. The population was all elderly people in Jumo Health Center area in Temanggung as many as 893 people from 13 villages. The samples were 90 respondents with proportional random sampling technique.

**Result** : The results showed that most respondents in Jumo Community Health Center area, Temanggung received moderate emotional support from family, namely 37 respondents (41.1%), most of the respondents had spiritual development activities for elderly during the Covid-19

pandemic, namely 36 respondents (40%) , and there was a correlation between emotional support from family and the spiritual development activities for elderly shown by p-value of 0.000.

**Conclusion** : The group of the respondents who received moderate family emotional support tended to have moderate spiritual development activities fulfillment. This group was larger than the group of the respondents who received low and high family emotional support.

**Keywords** : Covid-19 Pandemic, Elderly, Emotional Support from Family,  
Spiritual Development Activities

