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HUBUNGAN TINGKAT PENGETAHUAN TENTANG DISMINORE DENGAN SIKAP PENANGANAN DISMINORE PADA SISWA KELAS VII DI SMP N 18 PURWOREJO

ABSTRAK

Latar Belakang Penelitian : Permasalahan utama yang dialami oleh remaja yaitu ketidak tahuan terhadap tindakan yang harus dilakukan sehubungan dengan perkembangan yang sedang dialami, khususnya masalah pengetahuan remaja mengenai dismenore dan bagaimana sikap remaja dalam menghadapi dismenore tersebut. Berdasarkan study pendahuluan yang dilaksanakan di SMP N 18 Purworejo. Peneliti melakukan wawancara kepada 10 siswa, 6 diantaranya belum mengetahui mengenai pubertas dan 4 siswa sudah mengetahui mengenai pubertas.

Tujuan Penelitian : Diketuinya hubungan tingkat pengetahuan tentang dismenore dengan sikap penanganan dismenore.

Metode Penelitian : Peneliti menggunakan metode pendekatan observasional analitik dengan rancangan *cross sectional*, populasinya seluruh siswa kelas 7 di SMP N 18 Purworejo dan jumlah sampel yang digunakan berjumlah 64 responden. Teknik sampling yang digunakan adalah Purposive Sampling. Instrumen Penelitian menggunakan kuesioner dan untuk analisa data menggunakan Uji Chi Square.

Hasil Penelitian : Hasil uji *Chi-Square* yaitu 0,000 yang artinya nilai tersebut $< 0,05$. Sehingga H_0 di tolak dan H_a di terima

Simpulan : Berdasarkan hasil uji Chi-Square disimpulkan ada hubungan antara tingkat pengetahuan tentang dismenore dengan sikap penanganan dismenore di SMP N 18 Purworejo.

Saran : Berdasarkan hasil uji Chi-Square disimpulkan ada hubungan antara tingkat pengetahuan tentang dismenore dengan sikap penanganan dismenore di SMP N 18 Purworejo.

Kata Kunci : Pengetahuan, dismenore, sikap

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**THE RELATIONSHIP OF THE LEVEL OF KNOWLEDGE ABOUT
DYSMENORRHEA WITH ATTITUDE HANDLING DYSMENORRHEA
ON STUDENTS 7 GRADE IN 18 PUBLIC MIDDLE SCHOOL
PURWOREJO**

ABSTRACT

Research Background : The main problem experienced by adolescents is ignorance of the actions that must be taken in connection with the development being experienced, especially the problem of adolescent knowledge about dysmenorrhea and how adolescent attitudes in dealing with these dysmenorrhea. Based on preliminary studies conducted at the 18 Public middle School Purworejo. Researchers conducted interviews with 10 children, 6 of whom did not know about dysmenorrhea and 4 students already knew about dysmenorrhea.

Research Objectives : Knowing the relationship between the level of knowledge about dysmenorrhea with the attitude dysmenorrhea handling.

Research Methodology : Researchers used an analytic observational approach with a cross sectional design. The population of all grade 7 students in 18 Public middle School Purworejo and the total sample used was 64 respondents. The sampling technique used is Purposive sampling. The instrument used was a questionnaire and analysis uses Chi-Square test.

Research Findings : Chi-Square test results are 0,000 which means that the value is <0.05 . So it is H_o rejected and H_a accepted

Conclusions : Based on the Chi-Square test result it is concluded that there is a relationship between the level of knowledge about dysmenorrhea with the attitude dysmenorrhea handling in 18 Public middle School Purworejo.

Suggestion : Based on the Chi-Square test result it is concluded that there is a relationship between the level of knowledge about dysmenorrhea with the attitude dysmenorrhea handling in 18 Public middle School Purworejo.

Keywords : Knowledge, dysmenorrhea, attitudes