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## **GAMBARAN PENGETAHUAN LANSIA TENTANG POSYANDU LANSIA DI DESA MEKARWANGI**

### **ABSTRAK**

**Latar belakang :** Pengetahuan merupakan domain yang sangat penting untuk terbentuknya tindakan seseorang dan perubahan untuk membentuk perubahan perilaku seseorang. Kurangnya pengetahuan lansia tentang posyandu lansia mengakibatkan kurangnya pemanfaatan posyandu lansia, ditandai dengan masih banyak lansia yang belum mengetahui pelayanan dan bagaimana pelaksanaan posyandu lansia. Tujuan penelitian ini untuk mengetahui gambaran pengetahuan lansia tentang posyandu lansia di Desa Mekarwangi, untuk mengetahui pengetahuan lansia tentang pengertian posyandu lansia, untuk mengetahui pengetahuan lansia tentang manfaat dan tujuan posyandu lansia, untuk mengetahui pengetahuan lansia tentang sasaran posyandu lansia, untuk mengetahui pengetahuan lansia tentang pelaksanaan posyandu lansia, untuk mengetahui pengetahuan lansia tentang jenis pelayanan posyandu lansia.

**Metode :** Penelitian ini menggunakan desain deskriptif, pendekatan yang digunakan dalam penelitian ini adalah *cross sectional*. Populasi penelitian ini adalah lansia yang tinggal di Desa Mekarwangi berjumlah 292 lansia. Sampel penelitian ini menggunakan rumus arikunto 2010 yaitu sebanyak 44 orang dengan kuesioner sebagai alat pengumpulan data. Analisis yang digunakan adalah analisis univariat

**Hasil penelitian :** Hasil penelitian ini menunjukkan pengetahuan lansia mengenai pengertian posyandu lansia paling banyak berpengetahuan baik sebanyak 28 (63,6) responden, dan berpengetahuan kurang sebanyak 2 (4,5%). Lansia dengan pengetahuan mengenai jenis pelayanan paling banyak berpengetahuan baik yaitu 36 (81,8%) responden dan berpengetahuan kurang sebanyak 8 (18,2) responden.

**Kesimpulan :** Bagi lansia pengetahuan mengenai manfaat dan tujuan, sasaran serta pelaksanaan posyandu lansia masih harus ditingkatkan. Sebagian besar lansia memiliki pengetahuan baik tentang posyandu lansia dan sebagian kecil berpengetahuan kurang di Desa Mekarwangi.

**Kata kunci:** Pengetahuan, lansia, posyandu lansia

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## **OVERVIEW OF ELDERLY KNOWLEDGE ABOUT POSYANDU ELDERLY IN MEKARWANGI VILLAGE**

### **ABSTRACT**

**Background:** Knowledge is a very important domain for the formation of one's actions and changes to shape one's behavior change. The lack of knowledge of the elderly about the posyandu for the elderly resulted in the lack of utilization of the posyandu for the elderly, marked by the fact that there were still many elderly people who did not know the services and how to implement the posyandu for the elderly. The purpose of this research to find out the description of the elderly's knowledge about the elderly posyandu in Mekarwangi Village, to find out the elderly's knowledge about the meaning of the elderly posyandu, to find out the elderly's knowledge about the benefits and objectives of the elderly posyandu, to find out the elderly's knowledge about the goals of the elderly posyandu, to find out the elderly's knowledge about the implementation of the elderly posyandu, to find out the knowledge of the elderly about the types of posyandu services for the elderly.

**Method:** This research uses descriptive design, the approach used in this study is cross *sectional*. The population of this study is the elderly who live in Mekarwangi Village numbering 292 elderly. This study sample used the 2010 arikunto formula of 44 people with questionnaires as a data collection tool. The analysis used is univariate analysis.

**Results of** this study showed elderly knowledge about the understanding of senior posyandu most well-informed as many as 28 (63.6) respondents, and knowledge less as much as 2 (4.5%). Seniors with knowledge of the most knowledgeable types of services were 36 (81.8%) respondents and less knowledgeable as many as 8 (18.2) respondents.

**Conclusion:** For the elderly knowledge about the benefits and goals, the targets and implementation of elderly posyandu still have to be improved. Most of the elderly have good knowledge of elderly posyandu and a small percentage of poorly knowledgeable in Mekarwangi Village.

**Keywords:** Knowledge, elderly, elderly posyandu.